



Lewisham's Food Justice Action Plan 2023

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Foreword from Councillor Juliet Campbell



For so long we have taken it for granted that a basic human right is to have access to food and that our wages would ensure that we meet the lower level of Maslow's Hierarchy of Need. Yet today 23 years into the 21st Century many of our families are going without food, warmth and are facing ever increasing insecurity and emergency food providers are running out of provisions to support those that are in need.

This Food Justice Action Plan is a response to a very real crisis being experienced by too many people residents here in Lewisham.

The right to food is a basic human right, yet as I write this, I acknowledge that what we have previously taken for granted, is no longer a given.

We launch this Food Justice Action Plan at a time when it has become more evident that wealth and security is held in the hands of a few, whilst families here in Lewisham struggle to feed their families, where children can go to school hungry and are not sure if they will have a hot meal with their family when they are at home.

Our commitment to ensure that we are a right to food borough began in 2019 before the Covid pandemic and before we declared a cost-of-living crisis and continues with our pledge of a Community Food Grant Programme.

This is the Council's commitment to ensure that where possible every family has access to food; whilst promoting dignity and choice. The aim Community Food Grant Programme is to alleviate some of the pressures faced by our food giving providers as we continue our work to have sustainable food sources across the borough.

It would be remiss if I didn't take this opportunity to thank our community and faith sectors that have coproduced this document. At a time when many are feeling very let down by the Government's support, I thank you for your generosity, kindness and compassion.



Councillor Juliet Campbell
Cabinet Member for Communities, Refugees and Wellbeing

Foreword from Lewisham Mayoresses and Director of Public Health



Food injustice is one of the biggest and most complex challenges facing Lewisham and it is becoming increasingly urgent. With the cost-of-living crisis more and more people are struggling to afford food and fuel, meaning many are having to make an impossible decision between eating and heating their home.

More people experiencing food injustice means emergency food provisions are coming under increasing pressure. Food banks and community organisations in the borough have seen a consistently high demand for food support. Research from the Independent Food Aid Network (IFAN) also shows that 91% of food banks have seen an increase in demand since July 2022.

This situation is building on the devastating impact that COVID 19 had on inequalities. Evidence from The Food Foundation highlights that the pandemic widened inequalities in food security and nutrition, particularly among Black, Asian and other minoritised communities, adults with disabilities, those identified as extremely clinically vulnerable and food sector workers.

Many pieces of work are underway to help tackle this problem from numerous organisations. However, as the causes and risk factors for food injustice are so broad and complicated, we need to combat this huge problem collectively and collaboratively. Using the experience, drive and resources from the widest group of colleagues, we will be able to build on work already being done and drive together more effectively towards our joint goal.

While the cost-of-living crisis is tragically pushing increasing numbers of Londoners into food injustice, our work must balance providing short-term emergency relief and sustainable change to

counteract some of the long-term causes of food injustice. We want these changes to empower a strong community food group, with the ability to shape its own resilience, knowledge and skills into the future. This long-term vision alongside work to address issues around employment income, financial support and food affordability are key to ensuring that fewer people experience food injustice and need food banks in the future.

Christina Norman, Dawn Atkinson, Natasha Ricketts



Lewisham Mayoresses

Dr Catherine Mbema

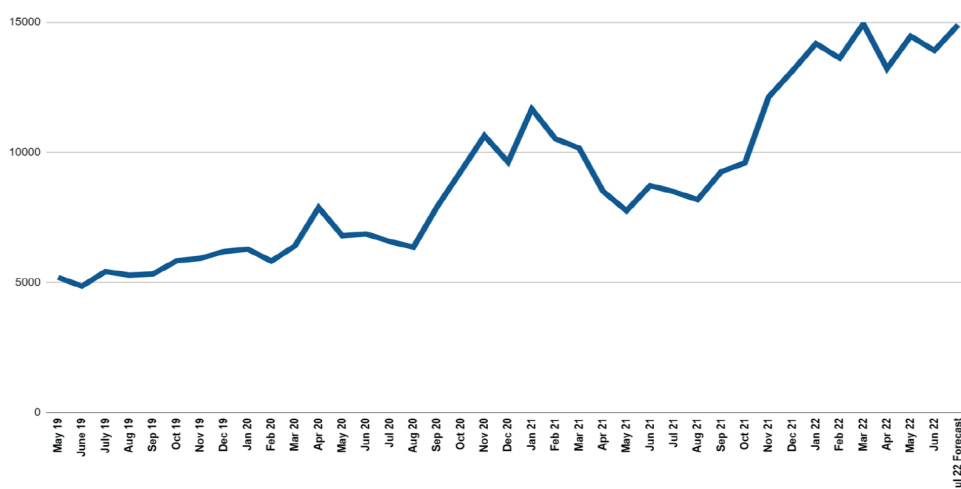


Director of Public Health – Lewisham Council

Vision

Food injustice is one of the biggest challenges facing Lewisham. Local food banks and other crisis food provision groups are reporting a steep rise in demand post-COVID, combined with a decrease in food and financial contributions as the cost-of-living crisis intensifies.

Number of people coming to Citizens Advice Lewisham for food bank referrals (2019-2022)



Graph provided by Fiona Derbyshire, Citizens Advice Lewisham, June 2022

There is real concern that despite having an extensive network of emergency food providers, some organisations in Lewisham will not be able to meet demand and some of our most vulnerable residents will go hungry this winter. This is an unacceptable situation which requires urgent, co-ordinated and sustained action.

There is not one single factor that causes food injustice. It is the result of interactions between a complex range of factors including low income, rising food, housing and fuel costs, lack of time, skills and equipment to store and prepare food and decreased access to nutritious and culturally appropriate foods. Those experiencing food injustice will also often be experiencing other forms of disadvantage including fuel poverty, social deprivation, discrimination, housing insecurity or poor physical or mental health.

Action to reduce food injustice must include advocacy for system-wide effort to address the root causes of food injustice as well as actions to promote food resilience and access to emergency food provision that reduces stigma and promotes dignity and choice. Given the ongoing cost of living crisis, it will be necessary to focus initial attention on ensuring sufficient capacity within the food giving system. Action will also be required to provide support and opportunities for individuals and communities to tackle the underlying

factors which led them to require crisis food support e.g., low income, unemployment, debt, illness etc. These actions are likely to require a longer time horizon and action by stakeholders beyond the scope of our local system.

Our vision for Lewisham is that:

ALL Lewisham residents can enjoy reliable and fair access to food that is sufficiently nutritious, sustainable, culturally appropriate and affordable.

ALL Lewisham residents have the knowledge, skills, resources and opportunity to grow, prepare, cook, eat and share food with their families and communities.

ALL Lewisham stakeholders support collective action to end chronic hunger, promote food resilience and reduce the need for emergency food aid.

ALL members of the Lewisham Food Justice Alliance and other key stakeholders have access to data to monitor the scale of the issue of food injustice and to determine whether the actions taken are having a positive impact on lived experience, health and wellbeing.

We will achieve this vision through the implementation of a cross-organisational Food Justice Action Plan for Lewisham, developed and delivered in partnership with local communities, that acts across 4 key priority areas:

1. Take preventative action to reduce the risk of Lewisham residents experiencing food injustice
2. Ensure babies, children and young people have access to nutritious, sustainable and culturally appropriate sources of food throughout the year
3. Co-ordinate resources, capacity and expertise to maximise the support available to those in crisis
4. Promote and develop “Money First” approaches, where appropriate, to crisis prevention and support

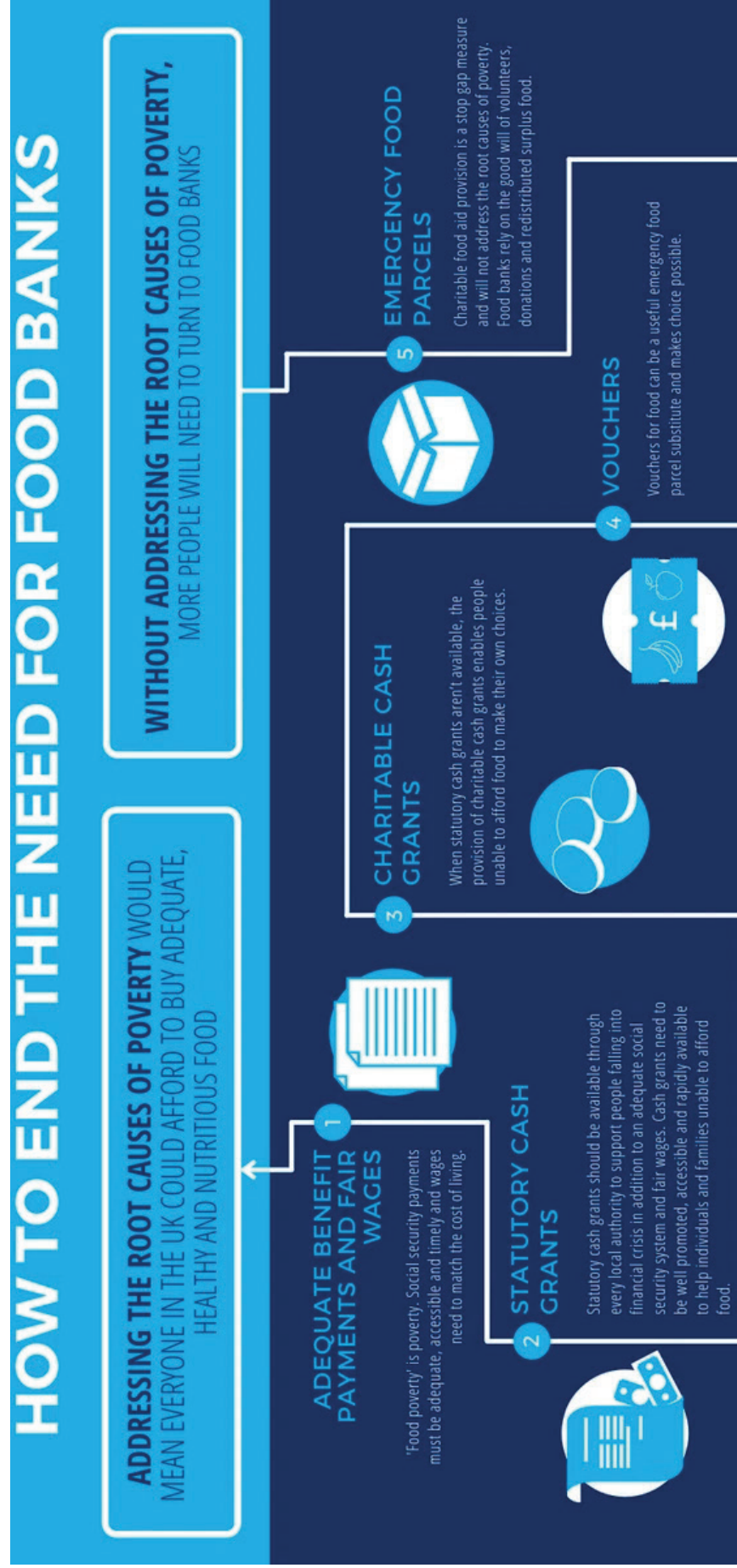
What is the “Money First” approach?

IFAN (the [Independent Food Aid Network](#)) have produced a series of infographics to explain how the “Cash First” * approach provides the framework for preventative action on food injustice with the objective of removing the need for crisis food provision over the long term.

*Term chosen by IFAN



This infographic depicts the different stages at which money first opportunities can be offered, where appropriate. The preference is to provide money first opportunities, where appropriate, that tackle the root cause of poverty through the provision of fair wages and adequate benefits, however this requires action predominantly at a national level. This infographic shows that there are opportunities to adopt money first approaches, where appropriate, within the local system by offering statutory or charitable cash grants or vouchers for food.



Who contributed to the development of Lewisham's Food Justice Action Plan?

No single organisation can solve the challenge of food insecurity; a cohesive, multi-agency approach is key. A wide number of local partners from the voluntary and community sector interested in poverty, more specifically food injustice have come together to find collaborative solutions to tackle food insecurity in the borough. This includes existing and newly formed projects that provided the emergency food response during the COVID-19 pandemic.

The process of developing the Food Justice Action Plan is currently facilitated by Lewisham Council's Public Health team with wider support co-ordinated by Lewisham Local. The implementation of the plan will be overseen by a new Lewisham Food Justice Alliance, co-ordinated by a Food Justice Programme Manager, funded for the first year by Lewisham Council and employed by Lewisham Local. A broad group of stakeholders will be required to take action to complete the tasks identified within the plan. See the section on "Monitoring and Governance" for further details.

Organisations who contributed to the development of
Lewisham's Food Justice Action Plan



For further information on the organisations involved, please refer to [Appendix 1](#)

Who is experiencing Food Injustice in Lewisham?

Lewisham is an inner London Borough with a population of 300,600 people based on the 2021 Census. With 46.4% of its people from a Black, Asian, and Minority Ethnic background it is the 15th most ethnically diverse borough in the country. It is also a very young borough with a quarter of its residents below the age of 20 years old.

According to the Department for Communities and Local Government's 2019 Index of Multiple Deprivation (IMD), the borough is ranked as the 63rd most deprived local authority out of 326. This means Lewisham is within the 20% most deprived Local Authorities in England and 7th most deprived borough in London.

Food injustice disproportionately affects different groups of the population, many of these groups vulnerable are over-represented in the Lewisham population:

Ethnicity

The UK Food Security Report in 2021 found Black/African/Caribbean/Black British households are more likely to be experiencing food injustice. 19% of Black/African/Caribbean/Black British households across the UK are food insecure compared to 8% of the UK population.



Lewisham is a highly diverse borough with a much greater percentage of people from Black/African/Caribbean/Black British ethnicity (27.2%) than either London (13.3%) or the UK in general (3.5%).

Income

Households with low income are most likely to be food insecure. Households with gross incomes of less than £200 per week are the least likely to be food secure, with only 74% having high food security. In comparison, those with gross incomes of £1,000 or more per week are the most likely to be food secure (96% high food security).



35% of people in Lewisham are living in poverty, with 20.7% of Lewisham residents' jobs paying below the London Living wage. Additionally the unemployment rate in Lewisham is 5.7%.

The Lewisham Poverty Commission found that the median household income across the borough in 2017 was £29,848, 15% lower than the London average. There is also significant income equality in Lewisham as in four wards the median income is below £25,000.

Lewisham Foodbank are seeing an increase in new referrals of people who have never used the Foodbank before and are in full-time work.

Household composition

The composition of the household also plays an important role. Households with children are less likely to be food secure than households with no children.



According to DWP in 2021 there were over 13,000 children in Lewisham living in relative low-income families.

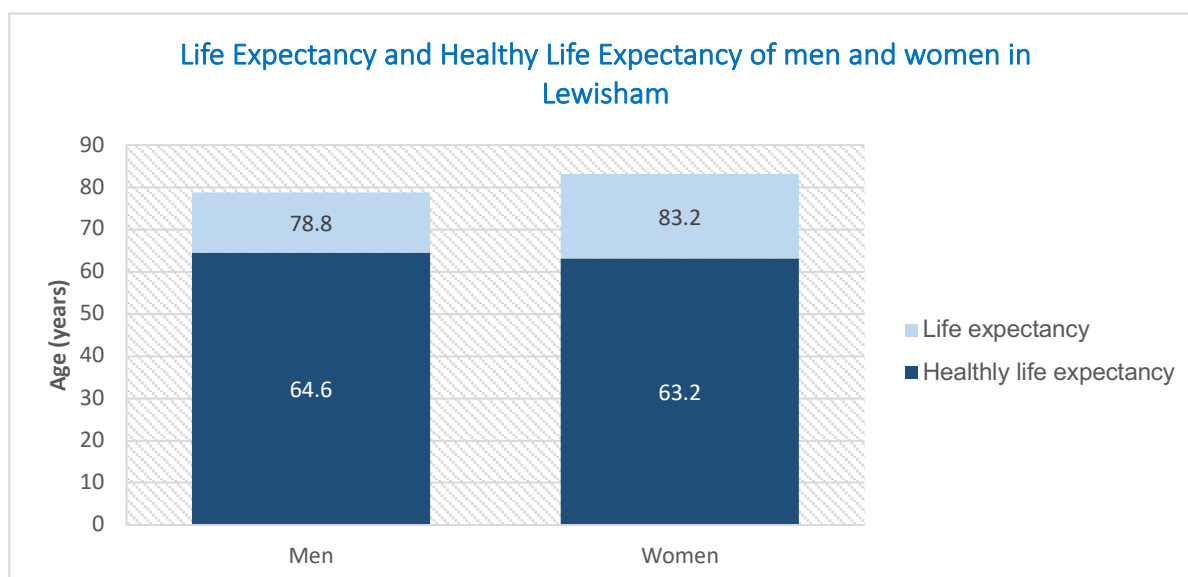
3404 people are eligible for the Healthy Start scheme but only 66% (2242) claim this. That means 1 in 3 people do not claim the Healthy Start benefit.

Disability

Households with one or more disabled people are more likely to be food insecure. In a study the 2021 UK Food Security report found 88% of households with one or more disabled people are food secure, compared to 95% of households without any disabled people living in them.



There is a 20-year difference in healthy life expectancy at birth and life expectancy at birth in Lewisham for women and a 14 year difference for men. This means Lewisham residents can expect to be either disabled or in poor health for around 20% of their life.



According to Age UK 14.5% of Lewisham residents are disabled, and health-related quality of life for older people in Lewisham is significantly worse than the England average.

The implementation of the Food Justice Action Plan will require partners to identify and take action to support Lewisham residents within all these vulnerable groups to have fair access to food.

Work to identify the barriers to food justice experienced by Lewisham residents of Black African and Black Caribbean ethnic backgrounds aligns directly with a specific opportunity for action identified within the [BLACHIR report](#):

Conduct more research to understand the impacts of the food environment and food poverty on health and wellbeing of Black African and Black Caribbean communities, and devise strategies to address the structural issues at a community level.

When implementing the Food Justice Action Plan stakeholders should also be mindful of some of the wider opportunities for action identified within the BLACHIR report, see [Appendix 2](#) for further details.

The impacts of food injustice

Food injustice has significant and broad detrimental impacts. It affects individual's mental and physical health, along with their social wellbeing. These impacts cannot be separated and are often interconnected meaning people can begin a decline that can be difficult to stop without the right support.

Mental and social impacts

There are a number of mental and social impacts of food injustice. These can be experienced by any individual experiencing food injustice.

- A severely food insecure person is five times more likely to experience anxiety disorders and major depressive episodes than someone who has access to adequate food.
- Mothers who are food insecure are over twice as likely to report mental health problems. This can affect the mother infant bonding
- Odds of depression or suicide ideation among children aged 14–25 in households experiencing hunger were 2.3 times higher.
- Poor sleep quality due to anxiety worry and hunger
- Social impact on young people especially as they are often unable to invite friends over and participate in treats or social activities that involve spending money on food.

There is first hand local evidence of the traumatic impact food injustice is having on Lewisham residents' mental health and social wellbeing. Below are some quotes from people experiencing food injustice.

'I eat half a meal and keep rest in fridge for later'

'Failing as a mother'

'I never ask my child do you want more? Are you full?'

'I eat the crumbs, my eldest daughter says, "You can share mine mummy", it breaks my heart'

'We live on what people offer us, not choice'

'My health and wellbeing suffers a lot. Tiredness and exhaustion'

'I feel like an undesirable member of London at 61 and a half years old after working my whole life'

Physical impacts

Food injustice effects individuals at all life stages. However, these impacts differ across the different ages. Below is a list of key affects at each life stage.

Infant and maternal health



- Babies are more likely to be lower in birthweight. This can increase the risk of developing diabetes, heart disease, high blood pressure and obesity later in life.
- Food insecure mothers are less likely to persevere with breastfeeding due to the stress and social isolation of their situation.
- Food insecure parents who rely on formula may resort to unsafe practices such as skipping feeds, watering down the formula, adding cereal or introducing unmodified cow's milk too early.
- Growth and development could be impaired with inadequate nutrition.

Children and young people



- Children in food insecure households are more likely to become obese and develop asthma, depression and other chronic conditions.
- Growth and development can be impaired.
- There is an increased likelihood of tooth decay and cavities.
- Learning is poorer, which can affect educational attainment and impact life chances.

Adults



- Diabetes, hypertension, heart disease and obesity are associated with food insecurity
- Poor diet is related to 30% of life years lost to early death and disability.
- One in three cancer deaths and one in two heart disease deaths are caused by poor diet.

Older adults



- A poorly nourished older adult is less able to fend off infection and ill health.
- Wounds will take longer to heal.
- Recovery from illness and surgery is impaired. Clinical outcomes are poorer.
- Hospital stays are longer and more frequent.
- Muscle strength is reduced.
- Increased frailty. Greater risk of falls and fractures.
- It is three times more costly to treat a malnourished older person than an adequately nourished one.

Based on a diagram from the Southwark Fairer Food Action Plan

Lewisham's work to promote Food Justice

Lewisham has been addressing poverty and Food Injustice for some years through a range of initiatives and policies across the borough both pre-COVID-19 as well as actions taken in response to the pandemic.

Rewards and recognition

Lewisham Council was one of five boroughs nationally awarded funding for the Childhood Obesity Trailblazer Programme

Lewisham achieved the Sustainable Food Places Bronze Award (2019)

Recognition by the GLA of Lewisham's rapid response to the pandemic and setting up a food hub

Lewisham was recognised as a council showing leadership in the annual Good Food For All Londoners Survey

Achieving the Sustainable Food Places Bronze Award. Good Food Lewisham (GFL) Network providing support to achieve the Sustainable Food Places Silver Award

Campaigns/strategies/reports

BLACHIR report published in 2022, included a specific opportunity for action to better understand the impacts of the food environment and food poverty on health and wellbeing of Black African and Black Caribbean communities.

Lewisham Poverty Commission report launched in 2017

Promoting the National Healthy Start Scheme

Lewisham council together with the South East London Integrated Care System have committed to the universal free vitamin D scheme for pregnant women and children under 4 years

Becoming a London Living Wage borough

Lewisham Food Poverty Summit (2022)

Ongoing activity

Awarded National Pilot status for a whole system approach to tackling obesity (2016), one of only four local authorities in the country. Lewisham Council has continued to commit to adopting a Whole Systems Approach to tackle Obesity.

Encouraging local food businesses to join the Healthier Catering Commitment Award Scheme

Our public libraries hosted ethnic food-sharing events, that, as well as reducing hunger, promoted social and racial integration and raised awareness about other cultures' culinary and cultural traditions

Lewisham Local have developed a comprehensive map of community food projects providing free or low cost food across the borough.
www.lewishamlocal.com/lewisham-community-meals-and-foodbank-provision

Lewisham was one of the first areas to develop IFAN's Money First Leaflet. This provides information on local sources of help for those worrying about money.
<https://www.lewishamlocal.com/find-locally-available-advice-and-cash-first-support-in-lewisham/>

Evelyn Community Store's partnership with Tesco and Waitrose

Awarded DfE funding for the Holiday Activities and Food (HAF) Programme to provide activities and food for children aged 4-16

Lewisham Homes has a partnership with Action Against Hunger who have generated over £35K of funding for four of Lewisham's food support services

Formed during the pandemic, the Food Network connects projects, cross refers, shares best practice and problem solves. Over 40 food projects come together twice each month to share best practice.

How we developed Lewisham's Food Justice Action Plan

In 2019 a report on food poverty and food bank use was presented to the council's Safer Stronger Communities Select Committee. The report highlighted the high levels of food insecurity in the borough, the impact of food poverty on children, the escalating trend in food bank use, the work undertaken by partners and opportunities to further mitigate the impact. In addition, the report included a proposal to develop new food poverty action plans to strengthen the local infrastructure to tackle food insecurity in the borough. The proposal was endorsed by Mayor and Cabinet in March 2020.

Whilst work to develop a food poverty action plan for Lewisham was paused during the pandemic, many activities were undertaken to mitigate against the impacts of the pandemic on food injustice. This involved collaboration between voluntary, community and faith organisations across Lewisham as well as Lewisham Council. See the list of achievements on pages 16-18 for further details.

Lewisham Food Poverty Summit

An online food poverty summit with a wide range of stakeholders, including cross directorate sectors of the council, voluntary sector, residents and national and regional organisations was hosted by Lewisham Council in February 2022.

The event consisted of a mixture of presentations and interactive sessions. Six key themes were covered as follows:

Theme 1	Background, reasons why Lewisham needs updated action plans
Theme 2	National Context, strategies and research
Theme 3	London context and GLA priorities
Theme 4	Maximising income/money first approaches, where appropriate
Theme 5	Local challenges and how we responded
Theme 6	Next steps towards delivering a shared action plan

The interactive sessions held on the day included:

- **A set of Mentimeter questions** (*Q1: What is the impact of food poverty on Lewisham residents; Q2: What are the drivers of food poverty in Lewisham; Q3: Which groups are at higher risk of food insecurity*)
- **A chat function on Zoom**
- **3 breakout sessions** (*Breakout session 1: What are the key issues that need to be addressed when looking at food poverty and how can we help tackle these together; Breakout session 2: How could a cash-first approach work in Lewisham What would this mean and who would need to be involved? Breakout session 3: What have we seen locally (and beyond) that works - how can we build on that*)
- **Follow-up evaluation**

The findings from the Food Poverty Summit were used to consider opportunities to develop a new Food Justice Action Plan for the borough.

Early Engagement with Stakeholders

At the Good Food Lewisham Network meeting in June 2022, it was agreed that, due to the intensifying cost of living crisis, partners should work together to complete the initial phase of a Food Justice Action Plan by early autumn.

Agreement on the term food justice and definition

Insight collated by [Sustains Food Power](#) Programme was presented at this meeting. The insight highlighted that language matters when addressing food insecurity and identified that the terminology used can either empower people and drive progress or hinder it.

It was proposed to the 50+ attendees at the meeting that we adopt the term Food Justice instead of Food Poverty, this was overwhelmingly supported.

Those in attendance were asked to work in small groups and take part in an interactive session to construct a local definition of food justice.

Due to time restraints, some of the consultation and engagement for this work was undertaken via an online [stakeholder survey](#) (see Appendix 3 on pages 50-51).

The survey was distributed to 96 individuals and 45 organisations. Over 40 survey responses were received, the most popular definition of food injustice was as follows:

Reliable and fair access to food that is sufficiently nutritious, sustainable, culturally appropriate and affordable.

Additionally, The [Good Food Lewisham Network](#) asked attendees at [People's Day](#) for their views on the definition and what food justice meant to them. They obtained responses from over 50 residents who were supportive of using the term Food Justice and were in favour of the proposed definition.

Key priority areas to address in order of urgency

The key priority areas for action, proposed at the Food Poverty Summit in February were confirmed by survey respondents in July after they were asked to rank the following themes in terms of their priority (urgency).

1. Taking action to prevent Lewisham residents experiencing food injustice
2. Ensure babies, children and young people have access to nutritious, sustainable and culturally appropriate sources of food throughout the year
3. Co-ordinate resources, capacity and expertise to maximise the support available to those in crisis
4. Promote and develop "Money First" approaches, where appropriate, to crisis prevention and support

Food Justice Action Plan Workshops

Two workshops were held during July to support the development of a draft Food Justice Action Plan over the summer period.

The first workshop focused on **gathering information and insight** on the current situation relating to food injustice in Lewisham and the second workshop focused on ideas around **actions and solutions**.

Workshop 1: 20 July 2022, attended by 16 people

This workshop was online and started by sharing insight that was gained from:

- The Food Poverty Summit
- Results of the online survey
- Feedback from Lewisham People's Day

Two interactive breakout sessions then followed to discuss answers to the following questions:

- What else do we know about food injustice in Lewisham?
- What else can we find out?

Workshop 2: 28 July 2022, attended by 25 people

At this workshop, [Sustain' s Framework](#) for Food Justice was introduced for identifying areas for action.

This workshop included three interactive breakout sessions as well as a poll to capture the views of participants on the priority areas identified through the survey.

Interactive Breakout Session 1 – *identifying actions to prevent people in Lewisham experiencing food injustice*

Interactive Breakout Session 2 – *identifying actions to improve crisis support for people in Lewisham experiencing food injustice*

Interactive Breakout Session 3 – *identifying actions on the wider determinants of food injustice for people in Lewisham*

The importance of gathering evidence from people with lived experience was discussed. Attendees were asked to help with collating and submitting lived experience of food injustice in Lewisham. A four-week period was given to people to submit evidence.

Action Plan

Partners have identified 4 priority areas that require the most urgent action in order to achieve our vision for Food Justice for Lewisham. These provide the initial areas of focus for this action plan:

1. Take preventative action to reduce the risk of Lewisham residents experiencing food injustice
2. Ensure babies, children and young people have access to nutritious, sustainable and culturally appropriate sources of food throughout the year
3. Co-ordinate resources, capacity and expertise to maximise the support available to those in crisis
4. Promote and develop “Money First” approaches, where appropriate, to crisis prevention and support

In this first iteration of the plan all actions are focussed on achieving these aims but achieving these may not be sufficient to completely fulfil the vision we identified at the beginning of this plan.

Through the implementation of these initial actions and ongoing engagement with stakeholders, we may identify additional gaps or issues that require attention. We may therefore agree to additional focus areas and related actions that should be integrated into future iterations of this plan.

As such this plan is intended to be a live, continuously evolving document that will adapt and grow as the issues relating to food injustice that our population experience also change.

We have developed a plan that tackles the specific issues identified through the workshops but also considers evidence of the other issues relating to food injustice that our population may be experiencing and creates logical and feasible solutions to these issues.

For each focus area we have identified a set of aims underpinned by a series of specific tasks that will support the achievement of those aims.

These are summarised in the following series of tables.

Indicative implementation timescales have been proposed where:

“short” means within 1-3 months

“medium” means within 6-12 months

“long” means implementation within 1-2 years+

Details of existing strategies, policies or programmes of work that can support the implementation of tasks have also been identified.

Focus Area 1: Take preventative action to reduce the risk of Lewisham residents experiencing food injustice

AIM: Promote and develop opportunities for community food growing

Task	Task No.	Implementation Timescale	Link to existing policies, strategies or programmes
Map existing growing spaces, community food growing projects and foraging spaces and identify suitable, unused public spaces that could be utilised for food growing e.g., parks, green space, school gardens.	1a	Medium	<u>Map of council-owned green spaces available in the Lewisham Parks and Open Spaces Strategy 2020-2025</u>
Ensure food growing activities provide opportunities for people of all ages to become involved	1b	Medium	
Provide support and advice on what and how to grow food at home and in the community	1c	Short	<u>Support Good Food Lewisham's programme of work to achieve this</u>
Increase the support available for existing community allotments (e.g., admin tasks, maintenance etc)	1d	Medium	
Further decrease the waiting time for council-owned allotments	1e	Medium	<u>See actions for allotment development, p.32-33 of the Lewisham Parks and Open Spaces Strategy 2020-25</u>

Focus Area 1: Take preventative action to reduce the risk of Lewisham residents experiencing food injustice

AIM: Ensure residents have the skills, space, appliances, equipment and fuel to store and cook their own food

Task	Task No.	Implementation Timescale	Link to existing policies, strategies or programmes
Collaborate with the "Warm Spaces" initiative to include spaces with cooking facilities	1f	Short	Link up with council officers and partners who are developing the Lewisham Warm Welcome Scheme for Winter 2022
Map community cooking and kitchen projects to promote their availability to residents and identify gaps in availability. Identify and map Open College Network (OCN) trained cookery tutors and other cookery expertise in the community. <u>See also Action 3e developing Community Food Hubs</u>	1g	Short	
Ensure community cooking courses include how to cook well on a budget and cooking energy efficiently	1h	Medium	
Develop an "Appliance Repair or Replacement" service for residents who can't afford to replace broken kitchen appliances	1i	Medium	<u>Liaise with the Lewisham Donation Hub to confirm what is already available and where there may be gaps</u>
Encourage temporary housing providers to ensure kitchen facilities offer sufficient, clean and safe food storage and cooking facilities for all residents	1j	Long	<u>Refer to Lewisham Housing Strategy 2020-2026 and Lewisham Homelessness Strategy 2020-2022</u>

Focus Area 1: Take preventative action to reduce the risk of Lewisham residents experiencing food injustice

AIM: Ensure food growing, cooking or sharing programmes provide opportunities for skills sharing and promote community cohesion

Task	Task No.	Implementation Timescale	Link to existing policies, strategies or programmes
Audit food growing, cooking and sharing programmes to identify those that provide learning opportunities and identify gaps in availability	1k	Medium	

Focus Area 1: Take preventative action to reduce the risk of Lewisham residents experiencing food injustice

AIM: Create a strategic framework to oversee and promote preventative action that builds on existing structures and creates new structures where there are gaps

Task	Task No.	Implementation Timescale	Link to existing policies, strategies or programmes
Establish a Food Justice Alliance for Lewisham, to oversee the implementation of this action plan, ensuring it doesn't duplicate existing structures and that it has appropriate membership and reach	1l	Short	
Update the Food Strategy for Lewisham to include consideration of; food access, nutrition and health throughout the life course, food sustainability and the Lewisham food economy	1m	Long	
Develop a Good Food Retail plan for Lewisham to include action on food deserts, work with local markets, availability of culturally appropriate fresh food.	1n	Long	<u>To be developed with reference to the Retail and Town Centres Core Strategy Plan, part of the Lewisham Local Development Framework</u>
Maintain Lewisham's Status as a Sustainable Food City and work towards achieving silver status	1o	Medium	<u>Support Good Food Lewisham's programme of work to achieve this</u>

Focus Area 1: Take preventative action to reduce the risk of Lewisham residents experiencing food injustice

AIM: Taking action to confirm Lewisham's status as a "Right to Food Borough"

Task	Task No.	Implementation Timescale	Link to existing policies, strategies or programmes
Collate and submit local evidence of food injustice to regional and national policymakers	1p	Long	
Identify opportunities to work alongside organisations taking action on food injustice at a regional or national level e.g. London Borough Food Group, SUSTAIN, Food Foundation and IFAN. Work with IFAN commenced to design the 'Worrying About Money' leaflet.	1q	Short	
Promote Lewisham's status as a "Right to Food" borough, to residents, employees and partners.	1r	Short	Refer to the national Right To Food Campaign website for more details https://www.ianbyrne.org/righttofood

Focus Area 1: Take preventative action to reduce the risk of Lewisham residents experiencing food injustice

AIM: Action on the wider determinants of Food Injustice

Task	Task No.	Implementation Timescale	Link to existing policies, strategies or programmes
Encourage local employers to pay the London Living Wage and reduce zero hours contracts	1s	Long	<u>Work alongside the Economy and Partnerships Team to support further promotion of the London Living Wage to Lewisham Employer's</u>
Promote and monitor the use of social value procurement to employ and buy more locally, particularly within Lewisham's Anchor Institutions	1t	Long	<u>To be implemented via the commitments in the Lewisham Deal and the individual social value policies of the Anchor Institutions and major employers in Lewisham</u>
Improve access to money management and debt advice	1u	Medium	<u>Work alongside existing providers of money and debt advice in Lewisham and any additional support provided as part of Lewisham Council's Cost of Living Response</u>
Provide more stable, affordable and energy efficient housing opportunities	1v	Long	Refer to Lewisham Housing Strategy 2020-2026 and Lewisham Homelessness Strategy 2020-2022

Focus Area 1: Take preventative action to reduce the risk of Lewisham residents experiencing food injustice

AIM: Tackle inequalities in groups more vulnerable to Food Injustice in Lewisham

Task	Task No.	Implementation Timescale	Link to existing policies, strategies or programmes
Undertake further research to identify the issues and potential solutions to food injustice for more vulnerable groups such as those who are from a Black and Minority Ethnic group, have no recourse to public funds, are physically or mentally disabled, people in temporary accommodation or homeless, families with children <5 and pregnant women, the working poor, those on universal credit, older people and people who are housebound. <u>See also Action 3p in relation to barriers to access to crisis food provision</u>	1w	Medium	<u>Refer to the opportunity for action in the BLACHIR report 2022 recommending more research to understand the impacts of the food environment and food poverty on health and wellbeing of Black African and Black Caribbean communities, and devise strategies to</u>

Focus Area 2: Ensure babies, children and young people have access to nutritious and sustainable sources of food throughout the year

AIM: Increase access to support and resources for infant feeding including introducing solid foods

Task	Task No.	Implementation Timescale	Link to existing policies, strategies or programmes
Review and refine the Emergency Infant Formula Pathway	2a	Short	Align this work with the Infant Feeding Workstream of the Start for Life Programme in Lewisham
Ensure that settings where those at risk of food injustice are likely to present have information and support available on infant feeding, including introducing to solid foods and a clear pathway for accessing emergency infant formula milk.	2b	Medium	
Review and reinvigorate the promotion and achievement of the Healthy Early Years award in Lewisham	2c	Short	Align this work with the Infant Feeding Workstream of the Start for Life Programme in Lewisham

Focus Area 2: Ensure babies, children and young people have access to nutritious and sustainable sources of food throughout the year

AIM: Increase access to free childcare for eligible populations

Task	Task No.	Implementation Timescale	Link to existing policies, strategies or programmes
Increase the availability, promotion and uptake of the 15 hours free childcare offer for 2-year-olds in the eligible population	2d	Medium	This action will be implemented through the work of the council's Early Years Quality and Sufficiency Team

Focus Area 2: Ensure babies, children and young people have access to nutritious and sustainable sources of food throughout the year

AIM: Increase the uptake of Healthy Start Vouchers in the eligible population

Task	Task No.	Implementation Timescale	Link to existing policies, strategies or programmes
Establish a Healthy Start Working Group to oversee and co-ordinate action to increase the uptake of the Healthy Start scheme in Lewisham	2e	Medium	Align this work with the Infant Feeding Workstream of the Start for Life Programme in Lewisham and the delivery of the new 0-5 Health Visiting Service from 2023
Identify the eligible population groups with the lowest uptake of healthy start scheme	2f	Short	
Design and implement a programme of targeted engagement and action to increase uptake in those population groups with lowest uptake	2g	Medium	
Develop a training and awareness programme for professionals, voluntary sector staff and local businesses to promote the Healthy Start Scheme and encourage families to join the scheme	2h	Medium	

Focus Area 2: Ensure babies, children and young people have access to nutritious and sustainable sources of food throughout the year

AIM: Increase the sustainability, availability and uptake of free food for Children and Young People including; free school meals, free food at school breakfast clubs and sustainable provision of the Holiday Activity Scheme

Task	Task No.	Implementation Timescale	Link to existing policies, strategies or programmes
Identify the eligible population groups with the lowest uptake of free school meals, including families with no recourse to public funds	2i	Short	Work in collaboration with Lewisham Council Pupil Support Team who support the application process for Free School Meals
Design and implement a programme of targeted engagement and action to increase uptake of free school meals in those population groups with lowest uptake	2j	Medium	
Advocate for the provision of free food at school breakfast clubs	2k	Medium	Work alongside the Mayor's Fund for London Magic Breakfast Club Scheme to encourage more Lewisham schools to sign up for support
Action to improve the sustainable provision and uptake of the Lewisham Holiday Food and Fun Programme beyond the lifetime of the Holiday Activity Fund	2l	Short	Work alongside the commissioners and providers of the Holiday Food and Fun Programme for Lewisham.

Focus Area 3: Co-ordinate resources, capacity and expertise to maximise the support available to those in crisis

AIM: Increase effective collection and distribution of surplus food across the borough

Task	Task No.	Implementation Timescale	Link to existing policies, strategies or programmes
Organise a Sustainable Food Networking event to introduce local stakeholders to surplus food redistribution organisations including local market traders, shops, food waste distributors and food growers	3a	Medium	Align actions with the pledges in the Good Food Lewisham Charter and the 6 key issues addressed in the Sustainable Food Cities programme
Audit local activity regarding the donation and distribution of surplus food across organisations and businesses in Lewisham to identify opportunities to improve links between supply and demand.	3b	Medium	
Identify the food sharing apps most frequently used in Lewisham and promote the use of a single app across organisations, businesses, employees, students and residents	3c	Medium	
Identify opportunities to use the compost created as a by-product of anaerobic digestion of Lewisham's Food Waste for distribution to local community food growing projects, allotments or schools.	3d	Short	Liaise with Lewisham Council's Recycling Team to achieve this.

Focus Area 3: Co-ordinate resources, capacity and expertise to maximise the support available to those in crisis

AIM: Improve the identification and co-ordination of physical community assets to promote food justice and provide crisis support where needed

Task	Task No.	Implementation Timescale	Link to existing policies, strategies or programmes
Build on the existing Food Hubs established by Lewisham Homes, by identifying areas and assets that could be used to establish Community Food Hubs - buildings where a variety of food activities and training can take place including; growing, cooking, communal eating, collection and distribution of surplus food (including hot food) etc - Food Hubs could be established in school kitchens, vacant shops, communal space in social housing as well as in council owned buildings. See also Action 1g mapping community cooking and kitchen projects	3e	Long	

Focus Area 3: Co-ordinate resources, capacity and expertise to maximise the support available to those in crisis

AIM: Improve the co-location of holistic advice and support services at places where people in crisis present

Task	Task No.	Implementation Timescale	Link to existing policies, strategies or programmes
Map where crisis food provision is already co-located with other services such as employment support services, housing advice, Citizens Advice Lewisham, Benefits and Debt Advice, Immigration Advice, Mental Health & Wellbeing Support, Social Prescribing and CYP Early Help Facilities. Include the days and times each service is available at each location	3f	Medium	Build on the information collated and published by Lewisham Local
Identify geographical or temporal gaps in the provision of co-located support services and agree action to address those gaps, including exploration of how the development of Lewisham Family Hubs could facilitate this action	3g	Medium	
Provide a mechanism for key partners to share information on emerging issues to ensure services and pathways can remain responsive and capable of meeting future needs	3h	Medium	

Focus Area 3: Co-ordinate resources, capacity and expertise to maximise the support available to those in crisis

AIM: Streamline the referral pathways between services to support residents, approaching or in crisis, to access the range of support they may require in an integrated way

Task	Task No.	Implementation Timescale	Link to existing policies, strategies or programmes
Provide training and support to frontline workers and volunteers to confidently identify those who are at risk of food injustice and confidently and sensitively initiate conversations about their needs and how to access the services available to support them - this could include matrix training/learning exchange between services to allow one sector to learn from another	3i	Medium	
Ensure frontline workers in the public and voluntary sectors, faith and community organisations are aware of the range of support and advice services that are available, including which services are co-located and how to refer to them.	3j	Medium	
Ensure information about food justice and support and advice is available to the public at key points in the lifecourse when people may be more vulnerable including; pregnant women and families with children under 5, school or care leavers, older adults and also at life events that may increase vulnerability such as diagnosis of serious ill health,	3k	Long	

hospital discharge, redundancy or exit from benefits, moving out of supported living, relationship breakdown and bereavement.			
Explore the benefits and feasibility of procuring an online platform such as Time to Spare to host real-time information on support services and facilitate referrals	31	Long	

Focus Area 3: Co-ordinate resources, capacity and expertise to maximise the support available to those in crisis

AIM: Improve the visibility and accessibility of crisis prevention and support services

Task	Task No.	Implementation Timescale	Link to existing policies, strategies or programmes
Explore how council owned advertising assets could be used to share information on crisis prevention and support services	3m	Short	Work with the Council's Communications Team to align with existing communications plans using these assets.
Explore opportunities to use local radio to promote crisis prevention and support services	3n	Short	
Undertake localised surveys of community advertising assets such as community noticeboards on streets and in shops and develop a communications plan for support services using these assets	3o	Medium	
Undertake further research to understand the barriers that different vulnerable groups face in accessing food crisis prevention and support services including; those from Black and Minority Ethnic groups, the physically disabled, those with learning difficulties, those with mental health conditions, those who are housebound, people in temporary accommodation or homeless, families with children aged under 5, pregnant women, older people, single parents and those with no recourse to public funds. <u>See also Action 1w in relation to tackling inequalities in vulnerability to food injustice</u>	3p	Medium	

Develop plans to address the barriers that vulnerable groups face in accessing crisis food provision and preventative support	3q	Medium	
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Focus Area 4: Developing Money First approaches, where appropriate, to crisis prevention and support

AIM: Support the successful and sustainable delivery of existing Community Food Retail projects in Lewisham

Task	Task No.	Implementation Timescale	Link to existing policies, strategies or programmes
Use SUSTAIN's "10 Guidelines for developing community food retail projects" & the findings of recent local evaluations of Community Food Retail projects including the Impact Evaluation of Lewisham Homes' Community Food Stores (January 2022) and the Evaluation of the Cash First Pilot at Lewisham Legendary Community Club (November 2021) to identify and agree a development plan for each existing Community Food Retail project in Lewisham	4a	Medium	Link to "Community Food Retail and Food Poverty" SUSTAIN (2020)
Undertake further evaluations of Lewisham's Community Food Retail projects to collate evidence of effectiveness and wider impacts on residents and communities	4b	Medium	Build on the methodology used for the "Impact Evaluation of Social Supermarkets in Lewisham" (Nov 2021)
<u>Also see actions 2e - 2l to increase the uptake of Healthy Start Vouchers and Free School Meals</u>			

Focus Area 4: Developing Money First approaches, where appropriate, to crisis prevention and support

AIM: Advocate for the adoption of money first approaches, where appropriate, in other aspects of public and voluntary sector support for those experiencing poverty

Task	Task No.	Implementation Timescale	Link to existing policies, strategies or programmes
Develop links to the Council's Cost of Living Delivery Group and the Benefits Team to identify opportunities to further promote the cash first approach	4c	Medium	
Share evidence of the effectiveness and wider impacts of the money first approach, where appropriate, to tackling food injustice in Lewisham to help advocate for change	4d	Long	Build on the findings of "Cash First the LCC Pilot" at Lewisham Legendary Community Club

Areas for Early Action

There are several tasks that have been assigned a short timescale for implementation (1 – 3 months). These are areas where we can act rapidly and achieve early progress in the implementation of the action plan.

These short-term tasks are:

Take preventative action to reduce the risk of Lewisham residents experiencing food injustice:

- Provide support and advice on what and how to grow food at home and in the community (Task 1c)
- Collaborate with the "Warm Spaces" initiative to include spaces with cooking facilities (Task 1f)
- Establish a Food Justice Alliance for Lewisham, to oversee the implementation of this action plan, ensuring it doesn't duplicate existing structures and that it has appropriate membership and reach (Task 1l)
- Promote Lewisham's status as a "Right to Food" borough, to residents, employees and partners (Task 1r)

Ensure babies, children and young people have access to nutritious and sustainable sources of food throughout the year:

- Review and reinvigorate the promotion and achievement of the Healthy Early Years award in Lewisham (Task 2c)
- Identify the eligible population groups with the lowest uptake of Healthy Start vouchers (Task 2f)
- Identify the eligible population groups with the lowest uptake of free school meals, including families with no recourse to public funds (Task 2i)

Co-ordinate resources, capacity and expertise to maximise the support available to those in crisis:

- Identify opportunities to use the compost created as a by-product of anaerobic digestion of Lewisham's Food Waste for distribution to local community food growing projects, allotments or schools. (Task 3d)
- Explore how council owned advertising assets could be used to share information on crisis prevention and support services (Task 3m)
- Explore opportunities to use local radio to promote crisis prevention and support services (Task 3n)

Monitoring and Governance

A new Food Justice Alliance will be established (as per Task 11). In creating the alliance, we will be mindful not to duplicate any existing groups or structures whilst ensuring that its membership is representative of the key stakeholders that are likely to be leading the implementation of the aims and tasks within the plan.

This Food Justice Alliance will be responsible for overseeing the implementation of the plan, co-ordinating actions, identifying opportunities for collaboration, avoiding duplication and seeking solutions to any challenges.

The first task of the Food Justice Alliance will be to translate the action plan into a delivery plan. The Delivery Plan will include details of the lead organisation for each task, the partners they will work with, the timescales and resources required to implement the task and details of how the successful implementation of each task will be measured.

The Alliance will also identify ways in which the overall impact of action on Food Justice in Lewisham can be measured with specific reference to the achievement of our vision for Lewisham:

ALL Lewisham residents can enjoy reliable and fair access to food that is sufficiently nutritious, sustainable, culturally appropriate and affordable.

ALL Lewisham residents have the knowledge, skills, resources and opportunity to grow, prepare, cook, eat and share food with their families and communities.

ALL Lewisham stakeholders support collective action to end chronic hunger, promote food resilience and reduce the need for emergency food aid.

ALL members of the Lewisham Food Justice Alliance and other key stakeholders have access to data to monitor the scale of the issue of food injustice and to determine whether the actions taken are having a positive impact on lived experience, health and wellbeing.

The governance of the Food Justice Alliance and oversight and assurance of the effective implementation of the Food Justice Action Plan will be overseen by an appropriate body (to be confirmed). This group or committee will also be able to assist in co-ordinating activity, identify resources and help overcome any barriers to implementation

How you can support Lewisham's Food Justice Action Plan

Everyone who lives works or learns in Lewisham can commit to tackle food injustice in the borough. Examples of action include:

Citizens and communities can



- Donate home/allotment grown fruit and vegetables to a food aid organisation in the borough
- Volunteer with a food project. Visit Lewisham Local's volunteering web pages for more details: www.lewishamlocal.com/volunteer-to-help/
- Sign up to buy surplus from food stores and restaurants at a fraction of the cost: www.toogoodtogo.co.uk
- Share food for free or sign up to claim someone else's unwanted food and stop surplus from going to waste using Olio: www.olioex.com
- Become a member of the Good Food Lewisham network: www.goodfoodlewisham.org/network
- Join the Lewisham Local card scheme: www.lewishamlocal.com/card/

Businesses can



- Become a member of the [Good Food Lewisham network](http://www.goodfoodlewisham.org/network): www.goodfoodlewisham.org/network
- Become a London Living Wage employer and use contractors who pay the London Living Wage: lewisham.gov.uk/myservices/business/london-living-wage/become-a-london-living-wage-employer
- Sign up to accept Healthy Start vouchers: www.healthystart.nhs.uk/retailers
- Use an app or food rescue organisation, such as Olio, Food Cloud, Too Good To Go or Plan Zheroes, to stop surplus food from going to waste
- Achieve the Healthier Catering Commitment Award to increase the range of healthier options available: www.healthiercateringcommitment.co.uk
- Raise awareness of what services and support are available for those experiencing or in danger of food insecurity. www.lewisham.gov.uk/myservices/cost-of-living www.lewishamlocal.com/lewisham-community-meals-and-foodbank-provision/
- Offer rooms or kitchen to projects for meetings and food preparation

-
- Get involved with Lewisham council on making Lewisham a carbon neutral borough. Sign up to the climate emergency mailing list:
<https://r1.dotmailer-surveys.com/d7402e3-853umm12>

Lewisham based organisations including public sector, third sector and community organisations can



- Become a member of the [Good Food Lewisham network](http://www.goodfoodlewisham.org/):
www.goodfoodlewisham.org/
 - Promote Lewisham's Worrying About Money leaflet to people facing financial difficulties in Lewisham:
 - www.lewishamlocal.com/find-locally-available-advice-and-cash-first-support-in-lewisham/
 - Work with other organisations across the borough to provide coordinated support to beneficiaries and reduce duplication of provision. Consider joining the Food Network hosted by Lewisham Local e-mail hello@lewishamlocal.com for more information
 - Raise awareness of what services and support are available for those experiencing or in danger of food insecurity.
www.lewisham.gov.uk/myservices/cost-of-living and
www.lewishamlocal.com/lewisham-community-meals-and-foodbank-provision/
 - Offer spaces within venues for meetings and food preparation
 - Commit to paying the London Living Wage and use contractors who pay the London Living Wage:
lewisham.gov.uk/myservices/business/london-living-wage/become-a-london-living-wage-employer
 - Get involved with Lewisham council on making Lewisham a carbon neutral borough. Sign up to the climate emergency mailing list (see above)
 - Give local businesses priority in bidding for certain contracts. For example, refer to Lewisham Council's Sustainable procurement Strategy:
[https://councilmeetings.lewisham.gov.uk/documents/s84688/Sustainable Procurement Strategy 2021-25.pdf](https://councilmeetings.lewisham.gov.uk/documents/s84688/Sustainable%20Procurement%20Strategy%202021-25.pdf)
-

Schools and early year's settings can



- Become a member of the Good Food Lewisham network:
www.goodfoodlewisham.org/network
- Promote take up of free school meals by pupils who are eligible and/or entitled to free school meals, and pupils with no recourse to public funds:
<https://lewisham.gov.uk/myservices/education/student-pupil-support/free-school-meals-and-extra-support-for-your-child>
- Promote the Healthy Start Scheme and support families to apply for the benefit:
www.healthystart.nhs.uk/
- Achieve Healthy Early Years London / Healthy Schools London Bronze award
- Raise awareness of what services and support are available for those experiencing or in danger of food insecurity.
www.lewisham.gov.uk/myservices/cost-of-living and
www.lewishamlocal.com/lewisham-community-meals-and-foodbank-provision/
- Support provision of food outside of lunch at school, for example breakfast clubs (such as Magic Breakfast), hosting holiday time meals, family kitchen cooking clubs or family meal sharing opportunities
- Consider allowing local projects to use school kitchens/rooms to produce community meals and store ingredients

If you would like further information about how individuals, communities and organisations can support the aims and actions of Lewisham's Food Justice Action Plan, please contact Foodjusticeactionplan@lewisham.gov.uk .

Appendix 1 - Details of organisations involved in the development of the Food Justice Action Plan

- | | |
|---|---|
| 1. Action for Refugees in Lewisham (AFRIL) | 17. Latin American Disabled People's Project |
| 2. Chinbrook Action Residents Team (CHART) | 18. Legendary Community Club |
| 3. Citizens Advice Lewisham | 19. Lewisham & Greenwich NHS Trust, Health Visiting Team |
| 4. Coco Collective - Ital Community Garden | 20. Lewisham Council |
| 5. Community Connections | 21. Lewisham Foodbank (Trussell Trust) |
| 6. Downderry Primary School and Children's Centre | 22. Lewisham Homes |
| 7. Early Years Alliance, Lewisham Children and Family Centres | 23. Lewisham Local |
| 8. Elfrida Primary School | 24. MIND - Bromley Lewisham and Greenwich |
| 9. Equinox Care | 25. Rastafari Movement UK |
| 10. Evelyn Community Store | 26. Rushey Green Primary School |
| 11. Food Cycle Lewisham | 27. South Lewisham Patient Participation Group |
| 12. Generations 4 Change | 28. The Felix Project |
| 13. Good Food Lewisham | 29. The Salvation Army (Lewisham) |
| 14. Grow Lewisham | 30. Whitefoot and Downham Community Food Plus Project LTD |
| 15. Harvest of Grace Trinity Centre | |
| 16. Kelvin Grove Children's Centre | |

Appendix 2 - Linked BLACHIR Report Recommendations

When implementing the Food Justice Action Plan stakeholders should also be mindful of some of the wider opportunities for action identified within the BLACHIR report, such as:

- *Work with communities to co-develop services that are accessible for Black African and Black Caribbean communities (e.g., opening times, location of delivery).*
- *Consider cultural and religious influences when developing interventions to address the wider determinants of health inequalities for Black African, Black Caribbean and Black-Mixed ethnic minority groups.*
- *Use life course approach and consider relevant findings from this Review to develop interventions that help to mitigate health inequalities experienced by Black African and Black Caribbean older people*
- *Provide long-term investment for trusted Black African and Black Caribbean grass roots organisations such as faith groups, schools, voluntary and community sector organisations to deliver community-led interventions.*
- *Investment in grass-roots organisations to recruit volunteers who can support Black African and Black Caribbean communities that may experience structural institutional racism when accessing services.*
- *Ensure culturally appropriate data collection and analysis for service planning, monitoring and evaluation that distinguishes by ethnicity and gender for Black African and Black Caribbean populations.*
- *Meaningful measurement of change and learning from communities and grass roots organisations being captured and informing service design, monitoring, improvement, and review*

Appendix 3 - Stakeholder Survey July 2022

Developing a Food Justice Action Plan for Lewisham

At Lewisham's Food Poverty Summit in February 2022, residents, councillors, officers and local partners came together to consider opportunities to develop a new food poverty action plan for the borough.

The next steps in this process were outlined, by members of the Lewisham's Public Health Team, at a meeting of the Good Food Lewisham Network held last week. It was agreed that partners should work together to complete the initial phase of a Food Justice Action Plan for Lewisham by October 2022.

In order to meet this challenging deadline, we are undertaking some of the consultation and engagement work online via this survey. We will be following this up with 2 workshops, to be held later this month, to collate insight into the current situation regarding food justice in Lewisham and to generate ideas as to how to address the challenges our residents face.

We would be very grateful if you could complete this short survey to help us to:

- Agree a definition of food justice
- Select themes to prioritise within the action plan
- Identify the dates and times you'd be available to attend the workshops later this month
- Identify any additional individuals or organisations, who aren't already aware of this work, to be invited to contribute.

The survey should take no more than 10-15 minutes to complete. Please complete the survey by 12 noon on Wednesday 13 July.

Q1. Please rank the following 3 definitions of food justice in order of preference where 1 is your favourite definition and 3 is your least favourite definition:

- a. Having reliable and fair access to food that is sufficiently nutritious, culturally appropriate and affordable.
- b. Having fair access to nutritious and culturally appropriate food that optimises wellbeing, for every individual, family and household.
- c. Having sustainable and fair access to sufficient nutritious food and support in a way that is socially and culturally acceptable and supports wellbeing.

Q.2 Please rank each of the themes listed below in terms of their priority / urgency, where 4 indicates the most urgent issue to address and 1 indicates the least urgent issue.

- a. Taking action to prevent Lewisham residents experiencing food injustice
- b. Developing money first approaches for crisis support
- c. Co-ordinating resources, capacity and expertise to provide support for those in crisis
- d. Securing access to nutritious and sustainable sources of food for children 365 days a year

If there are any other themes relating to Food Justice that need to be addressed in the action plan, please describe them here:

Q.3 Please indicate all the dates and times you are currently available to attend workshops to develop a Food Justice Action Plan for Lewisham in July:

	Mon 18 July	Tues 19 July	Wed 20 July	Thurs 21 July
Morning				
Afternoon				
Evening				

	Mon 25 July	Tues 26 July	Wed 27 July	Thurs 28 July
Morning				
Afternoon				
Evening				

Would you prefer the workshops to be held face to face or virtually online?

Face to Face

Virtually

No preference

If you have a suggestion as to a venue where the workshops could be held please provide the details here, including contact details for bookings if available:

Q4: Individuals from the following organisations have been invited to contribute to the development of the Food Justice Action Plan for Lewisham. If you can think of specific organisations who aren't already aware of this work, please list them here.

Health

Housing providers

Education

Community stores/pantries

Food re-distribution project

Food Banks

Faith Groups

Support services

Teams across Lew

Appendix 4 – Useful links

Local

Citizens Advice Lewisham - www.citizensadvicelewisham.org.uk

Community connections Lewisham – www.communityconnectionslewisham.org

Lewisham Council- Get support with your living costs
www.lewisham.gov.uk/myservices/cost-of-living

Lewisham Local - www.lewishamlocal.com

Lewisham Free Vitamin D Scheme – www.lewisham.gov.uk/freed

Regional

GLA, Help with the cost of living - www.london.gov.uk/what-we-do/communities/help-cost-living

National

Independent Food Aid Network - www.foodaidnetwork.org.uk

Sustain - www.sustainweb.org

The Food Foundation – www.foodfoundation.org.uk

Step Change - www.stepchange.org

Healthy Start Scheme - www.healthystart.nhs.uk

For further information about Lewisham’s Food Justice Action Plan
please e-mail FoodJusticeActionPlan@lewisham.gov.uk