

# Lewisham **Life**

Winter 2023

[lewisham.gov.uk](http://lewisham.gov.uk)



# Oh yes it is!

## Panto is back at Broadway

- Discover Lewisham's independent businesses
- Introducing our new family hubs
- Where to find support if you need it this winter



## Start your career in care – no CV or experience needed



If you join our Proud to Care Lewisham recruitment pool, you won't just get a job – you'll get a career, with lots of opportunities to develop and progress as a Wellbeing Worker.

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*Proud to Care*  
LEWISHAM

## Foster for Lewisham

Lewisham Council is looking for foster carers to make a difference in a young person's life



Walk-in information mornings  
every Monday 10am–12 noon

No need to book,  
just come in!

Where: Fostering Hub, 45 Bromley Rd, SE6 2UA

Visit: [lewisham.gov.uk/fostering](http://lewisham.gov.uk/fostering)

Freephone: 0800 015 0129

[fosteringrecruitment@lewisham.gov.uk](mailto:fosteringrecruitment@lewisham.gov.uk)



## Message from the Mayor



**Damien Egan,**  
Mayor of  
Lewisham

Welcome to your winter edition of Lewisham Life. In this issue we are celebrating our brilliant independent businesses that make our high streets such unique and special places to shop in.

Earlier this month, we hosted many of them at the Broadway for the annual Mayor's Business Awards, which this year saw 6,000 votes cast in a range of categories. You can read all about it and meet some of the winners on page 13.

With the festive season around the corner, we have highlighted events taking place across Lewisham, from Christmas tree lightings to our annual Christmas Carol Concert at All Saints Church at 4pm on Sunday 10 December. See page 19 for all the free festive fun.

We have also launched our annual winter appeal for Lewisham Foodbank, and would ask people to consider giving a donation. They support hundreds of people every week with basic food parcels, with local volunteers working with supermarkets and local food projects. As you might imagine winter is the busiest time of year for Lewisham Foodbank, with more and more people struggling to pay energy bills and provide food for their families.

With the cost of living crisis affecting many people, we've shared information about ongoing support – from access to food, to advice about bills and money. Our Warm Spaces programme is running again this year, with a wide offer from quiet spaces to read and relax to places to meet new people and join in some activities. Find out more on page 21.

This time of year is full of tradition, having just marked Diwali we're reminded it's a time of festivals, kindness to others, and a time to reflect and look ahead with hope.

I wish everyone celebrating a happy Chanukah, and of course, a very Merry Christmas.

*Damien Egan*

Damien Egan, Mayor of Lewisham

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**CONTACT US**  
[lewisham.gov.uk](http://lewisham.gov.uk)  
 the home for all your local information

- » Get information about your neighbourhood, what's on and how to get involved
- » Find activities for you and all the family
- » Live in a controlled parking zone? Apply for your permit online
- » Get local news and information direct to your inbox – subscribe at [lewisham.gov.uk/signup](http://lewisham.gov.uk/signup)

**If you cannot contact us online, you can call 020 8314 6000**

**Useful contacts:**  
**Housing Services**  
 0800 028 2028  
[housingenquiries@lewisham.gov.uk](mailto:housingenquiries@lewisham.gov.uk)  
**Local health service**  
[nhs.uk](http://nhs.uk) or NHS 111  
**Police (non-emergency) 101**  
**Thames Water**  
 0845 920 0800 (customer services)  
 0800 714614 (24-hour leakline)  
**Gas emergencies 0800 111 999**



# Bin it right this Christmas

It's the most wonderful time of the year, but the festive season tends to generate more waste than usual. However, there are many ways you can reduce your environmental impact during winter.

You can recycle any mouldy, out-of-date or unwanted food, including bones, fruit and vegetable peels, teabags and more. Annually, 7,000 tonnes of food waste are collected for recycling. This waste goes through anaerobic digestion, turning it into fertiliser and renewable energy used to power homes. Just one lorry load of food waste can power over 20,000 TVs for an hour to binge-watch your favourite programme this holiday.

Additionally, you can recycle

packaging; just ensure it is clean and dry. Contaminated items lead to rejections and cost the council money. Make sure the packaging from your festive treats is clean and dry. Empty items and give them a quick rinse before placing them in your recycling bin.

Christmas tree recycling points will be open from 26 December across Lewisham until the end of January. Trees are ground down into wood chippings and used in local parks.

If you get a new device for Christmas, you can recycle your old one at one of our small electrical recycling banks in the borough. Watch this space, as more small electrical recycling banks will be coming to Lewisham this winter.

## Support the Winter Appeal

Make a difference in your community this winter for as little as £5. The Mayor's Charity, Lewisham Foodbank, supports over 600 vulnerable residents every week. Volunteers are working hard to make sure all families can enjoy a festive treat, no matter their situation. £5 buys fresh fruit and veg for a week, £10 gifts a Christmas hamper and £50 feeds a large family for a week.

Scan the code to donate or visit [rb.gy/5kxhfd](http://rb.gy/5kxhfd).



## Free support and activities for families with SEND

If you are a parent or carer of a child or young person (up to 25 years old) with a disability or additional need, the Lewisham Parent and Carer's Forum is for you. Run by a group of parent carers who live locally, it provides regular newsletters and free workshops on topics such as SEN support, Education Health and Care plans (EHCPs) and preparing for adulthood.

The forum also runs events and has recently launched the popular Girls Autism Group every fortnight – a free social gathering with activities and refreshments for autistic girls aged 10–18.

For more information: call 07534 568020 or email [info@lewishamparentcarer.org.uk](mailto:info@lewishamparentcarer.org.uk) or visit [lewishamparentcarer.org.uk/news](http://lewishamparentcarer.org.uk/news)



Girls Autism Group



Charlie Kebell

## Worthy winner

We are delighted to announce that Charlie Kebell who attends Supported Learning classes with our adult learning service was awarded the Learning for Personal Progression award earlier this month at the Mayor of London Adult Learning Awards which took place at London City Hall. The awards recognise inspirational Londoners who have overcome barriers to excel at work and life through adult education.

Charlie signed up to the Pathways into Work programme run by our adult learning service earlier this year. The programme is designed to help people with learning difficulties find volunteering opportunities or gain paid employment. Charlie started volunteering at the Age Exchange café and is now enjoying a paid work placement at the Broadway

Theatre in Catford, funded by Lewisham Works – a free service that supports unemployed residents into good jobs.

Charlie has attended various courses over the last year to improve his skills for work. He said: 'Taking these courses, especially the employment class has given me the confidence to get work experience and look for paid work. Having a job means I have my independence. Earning money means that I can one day have a place to myself.'

I'm very happy to get this award, I'm proud of myself for working so hard. I'm glad to be doing well at work with support from the Broadway Theatre team. I now understand where I can go from here, I realise my potential and I want to show others they can too'.

## Adult safeguarding: it's everyone's responsibility

We recently marked Adult Safeguarding Week, which serves to remind us that we all have a role to play in adult safeguarding.

If you're worried about an adult, for example if you think an adult is

unsafe or suspect abuse, then you should tell us. Even if you suspect there might be cause for concern but can't be completely sure, we still want to hear from you.

The website has information

about some of the things to look out for and who to contact if you think an adult is at risk of abuse or harm. Visit [safeguardinglewisham.org.uk/Isab/Isab](http://safeguardinglewisham.org.uk/Isab/Isab)

## Community toilets across Lewisham

It's now easier than ever to find a toilet when you're out and about in the borough. We commissioned Lewisham Local to set up the Lewisham Community Toilet scheme so that people have access to safe, clean and accessible toilets, at no cost, during normal shop opening hours.

Members of the scheme will have Lewisham Community Toilet window stickers clearly displayed, including information such as disabled access or baby change facilities. They include libraries, community centres, cafés and other local businesses. You don't have to buy anything to use their toilet facilities. For details or to find a nearby toilet, visit [lewishamlocal.com/communitytoilets](http://lewishamlocal.com/communitytoilets)



## New rules for dockless bikes

A new partnership has been agreed with Lime to improve the management of dockless hire bikes around the borough and reduce issues caused by

inconsiderate parking. Bikes will soon need to be parked in designated bays and riders will not be able to end their journey otherwise.

Lime have also committed

to removing discarded bikes within 12 hours of reporting. The new scheme will be rolled out in phases, with designated bays installed in various locations around the borough.

# Lewisham wins Gold at London in Bloom!

We're delighted to announce that Lewisham has won three gold awards at the recent London in Bloom Awards 2023. We have also won two silver gilt awards and additionally, the Apprentice Scheme of the Year award for our work at Beckenham Place Park.

The London in Bloom campaign and awards is about celebrating and recognising the many brilliant projects to improve our capital city. The key aims are to make London a greener and more pleasant place to live and visit, recognise our tireless volunteers, increase biodiversity and enhance neighbourhood communities.

We are proud of our award-winning parks and conservation areas – access to green spaces like ours can significantly improve both physical and mental health and wellbeing for our residents. Many thanks to our dedicated Friends' groups and all our community volunteers across the borough, our brilliant Parks team and our partners Glendale.

## The awards given to Lewisham were:

- ❁ Gold for Large Park - Beckenham Place Park
- ❁ Gold for Large Park - Forster Memorial Park
- ❁ Gold and Category Winner for Small Conservation Area – Devonshire Road Nature Reserve
- ❁ Silver Gilt for Small Park - Brookmill Park
- ❁ Silver Gilt for Small Park - Frensbury Gardens
- ❁ Apprentice Scheme of the Year Award Winner for our apprentice scheme at Beckenham Place Park



## The Mayor's Community Awards 2024

Nominate your unsung local heroes for the seventh annual Mayor's Community Awards. It's a great opportunity to celebrate inspirational

local people, businesses and organisations for their amazing contributions to the community. This might include helping a neighbour in need; giving up free

time to volunteer; an incredible act of selflessness; or donating food. Nominations open on Monday 29 January. Visit [lewisham.gov.uk/mayors-community-award](http://lewisham.gov.uk/mayors-community-award)



## Fun and games on Deptford High Street

In September, the top end of Deptford High Street was transformed for World Car Free Day with games, bouncy hopper races and extra seating for local businesses. The usual pedestrianised zone was extended for the day, creating more space for residents, visitors and shoppers to enjoy. Following engagement with the local community earlier this year, we are working on plans to improve Deptford High Street, with a focus on creating a greener and cleaner high street which is more pedestrian-friendly and supporting local businesses and market traders.

## News from our schools

### Platinum playtime

Congrats to Launcelot Primary School in Downham, who have been awarded the OPAL Platinum Award for their play facilities. The school has transformed its playground into an exciting breaktime space with mud kitchens, tyre swings and donated toys and equipment. Pupils (and school staff!) all get lots of time to play and interact with each other.

### It's official

Twin Oaks Primary School in New Cross officially celebrated their new name and logo at the start of the autumn term. The school voted to change their name after consultation with pupils, parents, staff and the wider community. The new logo was designed by a pupil and features on the signage of the school and the uniform – with a free jumper provided for every pupil by local developers Galliard Homes.

### Investing in art

Good news for our specialist schools as the Lewisham Education Arts Network (LEAN) won £160k in funding from the Paul Hamlyn Foundation. This money is to deliver high quality dance and drama training to teachers across six schools in the borough that are for children with SEND. This extra training means that the children and young people in the schools will benefit from enhanced dance and drama classes.



Artist's drawing for the improved Lewisham Market

## Change is coming to Lewisham town centre

We're investing £24 million to transform Lewisham town centre after successfully bidding for money from the Government's Levelling Up Fund. The money is being used to transform Lewisham Library, rejuvenate Lewisham Market and breathe new life into the high street with construction expected to start in 2024. The changes will help

boost the local economy, provide jobs and create a nicer town centre for all to enjoy.

Plans will soon be available and we'd love to hear what you think. There'll be opportunities to share your views both online and in face-to-face engagement sessions and we'll let you know about these through our website, email newsletter

and social media. If you're interested in getting involved, please do make sure you're signed up or following us.

- Newsletter**  
[lewisham.gov.uk/signup](http://lewisham.gov.uk/signup)
- Social media** @lewishamcouncil
- Website**  
[lewisham.gov.uk/lewishamtc](http://lewisham.gov.uk/lewishamtc)
- Email**  
[lewishamtc@lewisham.gov.uk](mailto:lewishamtc@lewisham.gov.uk)

## Top up your protection this winter

With the nights drawing in and temperatures dropping, it's not too late to maximise your protection against nasty seasonal viruses. The good news is that you can get your autumn flu and COVID-19 vaccination if you're aged 65 or over or in another eligible group.

COVID-19 or flu can still be very dangerous of even life-threatening for some, and immunity after vaccination can fade over time. That's why it's important to top up your immunity with seasonal vaccinations and reduce your risk of serious illness.

If you're eligible you should top up your protection, even if you've had flu or COVID-19 or have been vaccinated before. Visit [www.nhs.uk/seasonalvaccinations](http://www.nhs.uk/seasonalvaccinations) to see if you're eligible and to book.



# THE FUTURE OF Housing Services

Find out how the change in management will affect you if you are a council tenant or leaseholder with Lewisham Council

Lewisham Council has taken over responsibility for managing and maintaining more than 19,000 homes across the borough, following the transfer of staff and services from Lewisham Homes.

This means that services like repairs and grounds maintenance on our housing estates and other Council-owned homes are now being managed directly by a new Housing Services directorate at Lewisham Council.

The aim of bringing housing management back into the Council is to improve it for residents by providing a more joined-up service, linking housing and other Council services that residents rely on.

If you are a council tenant or leaseholder, very little is changing straight away, and you don't need to do anything. You'll notice that emails from Housing Services teams will come from @lewisham.gov.uk email addresses, but the old @lewishamhomes.org.uk address will still work, so messages won't get lost.

You can continue to use the online portal and contact Housing Services on 0800 028 2028. The freepost address has changed to 'Freepost HOUSING SERVICE' – please make sure to use the new freepost address for anything related to housing services from now on.

### Tenants' and leaseholders' rights

There will be no change to tenants' and leaseholders' rights. Rent levels and service charges will continue to be reviewed annually, as before.



### Change of logo

You will continue to see the purple and pink Lewisham Homes logo on vans, uniforms and signs for some time. The Lewisham Council logo will take over as things need to be replaced due to wear and tear.

You can read more about the transition at [lewisham.gov.uk/housing-futures](http://lewisham.gov.uk/housing-futures)



**SELF CONTAINED SERVICED OFFICE SUITE IN BLACKHEATH VILLAGE AVAILABLE**

Own front door, 14 desks, reception area, kitchenette & shower. Fully flexible terms from 3 months to 2 years. Freshly decorated with high spec wifi, cleaning and power included. Contact Charlie on 07958324144 / charlie@workersleague.com



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Sign up to the Lewisham Life newsletter

Keep up to date with news and information about Council services every week

Sign up at [lewisham.gov.uk/signup](http://lewisham.gov.uk/signup)

**WINTER MARKET**

FRIDAY 15-SATURDAY 16 DECEMBER 11AM - 5.30PM

**FREE Santa's grotto**

**FREE Festive arts and crafts**

**Christmas carol performances**

**Street food**

plus all of the regular stalls and traders.

**LEWISHAM MARKET**

[LEWISHAM.GOV.UK/WINTERMARKET](http://LEWISHAM.GOV.UK/WINTERMARKET)

Holiday season

**SIGN UP** <sup>1</sup> to our weekly newsletter [lewisham.gov.uk/signup](http://lewisham.gov.uk/signup)

# 'Tis the season to DISCOVER LEWISHAM

Take time over the holidays and explore all the great independent businesses in your local area and beyond.

**W**e recently celebrated the best in the borough with the Business Awards and are excited to share these with you! Thanks to all those who submitted their favourites and those who voted – we are so proud of our independent businesses here in Lewisham and it's brilliant to see how much love they get from their local community too.



## Best visitor attraction

From a family trip to the cinema, a Boxing Day football match, or a mooch around your local museum, we bet there's at least one of the below that you haven't visited yet! Why not get the family off the sofa and visit somewhere new?

### Winner

**The Horniman Museum and Gardens**  
100 London Road SE23 3PQ · [horniman.ac.uk](http://horniman.ac.uk)

### Finalists

**Catford Mews**  
32 Winslade Way SE6 4JU · [catford-mews.co.uk](http://catford-mews.co.uk)

### The Migration Museum

Lewisham Shopping Centre SE13 7HB · [migrationmuseum.org](http://migrationmuseum.org)

### Beckenham Place Park Mansion

Beckenham Place Park BR3 1SY · [beckenhamplacepark.com](http://beckenhamplacepark.com)

### Millwall Football

Club Zampa Road SE16 3LN · [millwallfc.co.uk](http://millwallfc.co.uk)

### Creekside Discovery Centre

14 Creekside SE8 4SA · [creeksidecentre.org.uk](http://creeksidecentre.org.uk)

## Best online business

Sometimes you just don't have time to get out and about, and these business can come to the rescue. From gifts to music to sweet treats, they've got you covered!

### Winner

**Bottle Bar and Shop**  
[bottlebarandshop.com](http://bottlebarandshop.com)

### Finalists

**Artist Cake Studio**  
[instagram.com/artistcakelondon](http://instagram.com/artistcakelondon)

**Aaja Digital Community Radio**  
[aajamusic.com](http://aajamusic.com)

**Pat and Pinky's**  
[patandpinkys.com](http://patandpinkys.com)

**Catford Rhum Arrange**  
[catfordrhumarrange.co.uk](http://catfordrhumarrange.co.uk)

**Sweet Little Dough Things**  
[sweetdoughthings.co.uk](http://sweetdoughthings.co.uk)



## Best new business

Lewisham businesses are thriving and more are starting up in the borough. Give these newcomers a warm welcome and your business! Everyone remembers what it's like to be a newbie!

### Winner

**Break The Fast London**  
7 Bromley Rd SE6 2TS

### Finalists

**On The Heath**  
39 Montpelier Vale,  
Blackheath SE3 0TJ

### Amrutha

37-39 Honor Oak Park,  
Honor Oak SE23 1DZ

### Nonki Store

66 Springbank Rd SE13 6SN



### Klose & Soan

209 Deptford High St SE8 3NT

### Snuffle Dog Café

109 Wells Park Rd SE26 6AD

## Best community contribution

Lewisham prides itself on its wonderful community spirit and so it should! These local businesses go above and beyond when it comes to living that ethos that Lewisham locals love!

### Winner

**Millwall FC Community Trust**  
[millwallcommunity.org.uk](http://millwallcommunity.org.uk)

### Finalists

**Successful Mums Career Academy**  
[successfulmums.co.uk](http://successfulmums.co.uk)

**Basking Babies**  
[baskingbabies.co.uk](http://baskingbabies.co.uk)



**Cre8Coffee.com**  
[cre8coffee.com](http://cre8coffee.com)

**360 Lifestyle**  
[360lsn.co.uk](http://360lsn.co.uk)

**Ignition Brewery**  
[ignition.beer](http://ignition.beer)

## Best sustainable business

We're proud of our businesses who are going the extra mile to go green and consider their environmental impact, whether that is through their products, locally sourced and produced goods or commitment to recycling.

### Winner

**Good Food**  
7 Sandhurst Market, Sandhurst Road SE6 1DL · [goodfood.org.uk](http://goodfood.org.uk)

### Finalists

**Nonki Store**  
66 Springbank Rd SE13 6SN · [nonki.co.uk](http://nonki.co.uk)

### Müll

7b Harefield Road, London, SE4 1LW · [mull-club.co.uk](http://mull-club.co.uk)

### Mont58 Coffee

58 Montacute Road SE6 4XJ · [mont58coffee.com](http://mont58coffee.com)

### Invest 4 Energy

[psk@investgains.uk](mailto:psk@investgains.uk)

### Marvellous Greens and Beans

72 Brockley Rise, SE23 1LN · [marvellousgreensandbeans.com](http://marvellousgreensandbeans.com)

## Best in the creative sector

The creativity of Lewisham knows no bounds. Coming off our year as London Borough of Culture 2022, the cultural legacy is still strong as seen by these creative giants of the borough.

### Winner

**Brockley Jack Theatre Studio**  
410 Brockley Rd SE4 2DH

### Finalists

**Blackheath Creative Pop-Up**  
16-18 Montpelier Vale,  
Blackheath SE3 0TA

### Midi Music Company

77 Watson's Street SE8 4AU

### Irie Dance Theatre

Fordham Park, Angus St  
SE14 6LU

### Studio 101

1 Resolution Way SE8 4NT

**The Collective Makers**  
[thecollectivemakers.co.uk](http://thecollectivemakers.co.uk)



## Best independent high street business

Businesses in Lewisham don't always follow the mould. There are lots of brilliant local people delivering individual services in the borough. From yoga to business support to dog grooming. Check them out this winter.

**Winner**  
**H Hirst & Sons Bakery**  
 350 Lewisham High St SE13 6LE

**Finalists**  
**On The Heath**  
 39 Montpelier Vale, Blackheath SE3 0TJ

**Crimson and Clover/Three Sisters**  
 10 Staplehurst Rd SE13 5NB

**Crumble Mania**  
 395a New Cross Rd SE14 6LA

**Petit Village**  
 61 Deptford High St SE8 4AA

**Supreme Animal Foods**  
 324-328 Lewisham High St SE13 6JZ



## Best restaurant

Whether you're planning a get together with friends or want a stress-free family meal on the big day, head to our restaurants. From light bites to buffet-style extravaganzas there is something for every taste.

**Winner**  
**Babur**  
 119 Brockley Rise SE23 1JP

**Finalists**  
**Bella Roma**  
 13 Lewis Grove SE13 6BG

**Bar Beach Grill**  
 Lindsay Court, Loampit Vale SE13 7LL

**Fera**  
 33 Staplehurst Rd SE13 5ND



**Parlez**  
 16 Coulgate St SE4 2RW

**La Pizzeria Italiana**  
 Eros House, Brownhill Rd SE6 2EF

**Vegan Flavours**  
 29 Winslade Way SE6 4JU

## Best hair and beauty

Want to look the part? Whether treating yourself to a trim, a manicure or full-on pampering session, pay a visit to one of our independent hair and beauty salons to feel, and look, a million dollars.

**Winner**  
**The Nail Bar Honor Oak**  
 50 Honor Oak Park SE23 1DY

**Finalists**  
**Locstafari**  
 180 Brownhill Rd SE6 2DJ

**Aiko 50**  
 Tranquil Vale, Blackheath SE3 0BD

**The Bohemians**  
 53 Deptford Broadway SE8 4PH

**Geddes**  
 42 Ladywell Rd SE13 7UZ

**Tomboyz**  
 3 Harefield Rd SE4 1LW



## Best café

For daytime dining, brunch dates or a good old-fashioned fry up we are spoilt for choice. Take a break from all that shopping and swing by one of these for a refuel.

**Winner**  
**Maggie's**  
 320-322 Lewisham Rd SE13 7PA

**Finalists**  
**Dolce Dessert and Café**  
 Unit 1 Adenmore Rd SE6 4FD

**Two Spoons**  
 72 Honor Oak Park SE23 1DY

**The Waiting Room**  
 134 Deptford High St SE8 3PQ

**Good As Gold**  
 209 Mantle Rd SE4 2EW

**Corner**  
 117 New Cross Rd SE14 5DJ



## Best bar or pub

Heading out for drinks? Raise a glass to our independent pubs and bars. There are lots of fantastic places to grab a pint or sip a mulled wine. Remember to drink responsibly!

**Winner**  
**Fox and Firkin**  
 316 Lewisham High St SE13 6JZ

**Finalists**  
**Badger Badger**  
 145 Deptford High St SE8 3NU

**Blythe Hill Tavern**  
 319 Stanstead Rd SE6 4US

**Buster Mantis**  
 3-4 Resolution Way SE8 4NT

**Joyce**  
 294 Brockley Road, Lewisham SE4 2RA



**Perry Hill Pub**  
 78-80 Perry Hill SE6 4EY

**Elements Bar**  
 207 Lee High Rd, Blackheath SE13 5PQ

## Best independent food retailer

Whether you're after brandy butter, brussels sprouts, bread sauce or show-stopping centrepieces, our independent shops have your festive food needs covered.

**Winners**  
**Good Food**  
 7 Sandhurst Market, Sandhurst Rd SE6 1DL

**Ed Baker**  
 38-40 Campshill Rd SE13 6QT

**Marvellous Greens and Beans**  
 72 Brockley Rise SE23 1LN

**Finalists**  
**Antonio's Delicatessen**  
 23 Lewis Grove SE13 6BG

**Polish Shop Klos Deli**  
 33-35 Lewis Grove SE13 6BG

**The Proud Sow Butchers**  
 1 Ewhurst Road, Crofton Park SE4 1AG



Winner: Ed Baker

## Best independent business

Nine out of ten businesses in Lewisham are independent so its quite right they get their own category and are celebrated! Supporting these businesses means money stays local and our businesses thrive – make sure to check them out!

### Winner

**Yoga House**  
 2–3 Winslade Way SE6 4JU

### Finalists

**Amaze Associates**  
[amazeassociates.com](http://amazeassociates.com)

**Eddie’s Dog Shop**  
 Beckenham Place Park by the Mansion BR3 5DE

**Bayo Igo**  
[bigohcoaching.com](http://bigohcoaching.com)

**H.E OLBY & Co**  
 299–313 Lewisham High St SE13 6NL

**Gennys Emporium**  
 19 Lewis Grove SE13 6BC



## Best market

Nothing says Christmas like a market! We have a mix of traditional street markets, farmers and craft in Lewisham, you can find out about all of them at [lewisham.gov.uk/markets](http://lewisham.gov.uk/markets) but you voted for these as your top choice this year.

### Winner

**Brockley Farmers Market**  
 Lewisham College Carpark, Lewisham Way SE4 1UT

### Finalists

**Catford Food Market**  
 Adenmore Road Catford Bridge Train Station SE6 4FD

**Lewisham Market**  
 130 Lewisham High Street SE13 6AT

**Deptford High Street Market**  
 Deptford Market Yard SE8 4BX

**Arty Farty Makers Market**  
 32 Winslade Way SE6 4JU

**Queens Culture Market**  
 Various



# Whats' on

## Markets

### Deptford Winter Market

*Friday 1 and Saturday 2 December, 11am–7pm*

Free Santa’s Grotto, festive arts and crafts, Christmas carol performances and street food – plus all of the regular Deptford Market stalls and traders.

### Lewisham Winter Market

*Friday 15 and Saturday 16 December, 11am–5.30pm*

Free Santa’s Grotto, festive arts and crafts, Christmas carol performances and street food – plus all of the regular Lewisham Market stalls and traders.

### Horniman Market Seasonal Special

*Sunday 10 December, 10am–3pm. Free*  
 Weekly Sunday market with a seasonal special full of tempting treats and special handmade gifts for yourself and family and friends.

### Beckenham Place Park

*Saturday 16 and Sunday 17 December.*  
 The award-winning Salad Days Market will be teaming up with author Liv Purvis to host a dazzling Christmas Market showcasing some of the best local small business talent.

## Local Christmas events in the borough:

### Rushey Green

*Sunday 26 November 4.15–5pm*  
 Lighting up Rushey Green’s Christmas Tree with members from the Broadway Panto cast.

### Sydenham

*Saturday 2 December 4–6pm.*  
*Tree light up at 5pm.*  
 Lighting of Christmas street lights in front of Sydenham Centre around the Christmas Tree. This event includes carol singing, mince pies and a local brass band! Afterwards, everyone is invited to Ignition Brewery for a festive drink with a lucky dip for kids and a raffle for adults.



### FUSS at Hither Green

*Saturday 2 December 12 noon–5pm*  
 FUSS [Friends & Users of Staplehurst Road shops] at Hither Green are holding their annual Christmas Fair and the Christmas Tree light switch on will take place during this event between 4.30–5pm.

### Blackheath Saturday

*2 December 3.30–4.30pm*  
 Blackheath Village switches on the Christmas Lights – come and enjoy the celebration at The Crown. Music, vintage cars and more.

### Bellingham

*Monday 4 December 4–5pm*  
 Bellingham Carols on the Green will include local schools, Watergate School, and the Bubbly Nursery from St Dunstan’s.

### Mayor’s Carol Service at All Saints Church

*Sunday 10 December 4–5.30pm*  
 Celebrate the festive season with carol singing, mice pies and mulled wine. All are welcome. Register your interest via email at [civicevents@lewisham.gov.uk](mailto:civicevents@lewisham.gov.uk)



# DISCOVER YOUR LIBRARY!

There's loads happening for all ages in our libraries over the holidays. Pop in and take part in some festive art and craft, catch a film for free, learn a new skill and make friends.

## The Library at Deptford Lounge

9 Giffin St, SE8 4RH

**Wednesday 6 December**

2-3pm

Special adult seasonal craft. Craft beautiful and unique greeting cards using lino printing.

**Saturday 9 December**

11am

Festive children's craft. Make your own festive decorations.

**Monday 18 December -**

**Sunday 7 January**

Drop-in activity

Seasonal Treasure Hunt. Try our treasure hunt challenge.

**Friday 22 December**

2-4pm

Cyanotype workshop. Special family session - using the process of cyanotype printing to create a variety of photograms.

**Tuesday 2 January**

11am-12 noon

Festive children's craft. Holiday festive craft.

**Friday 5 January**

11am-12 noon

All ages are welcome to join in our popular LEGO club.



## Downham Library

7-9 Moorside Rd, Bromley BR1 5EP

**Thursday 21 December**

10.30-11am

Under-fives Christmas special songs, rhymes and stories with a festive twist.

**Friday 22 December**

4-5.30pm

Film Club: Christmas movie special.

**Saturday 23 December**

10.30am-12 noon

Festive children's craft. Make your own festive decorations.

**Wednesday 27 and**

**Friday 29 December**

4-5.30pm

Film Club: Christmas movie special.

**Saturday 30 December**

10.30am-12 noon

Festive children's craft - New year craft.

## Thursday 4 January

Chess Club: learn and play chess, all levels welcome.

**Friday 5 January**

4-5.30pm

Family Film Club: New year special.

## Catford Library

Catford Centre, 23-24 Winslade Way, SE6 4JU

**Wednesday 20 December**

10.30-11am

Under-fives Christmas special songs, rhymes and stories with a festive twist.

**Friday 22 December**

3.30-4.30pm

Festive children's craft. Make your own tree and decorate it to perfection!

**Friday 29 December**

3.30-4.30pm

Festive children's craft.

Create a glittering firework collage.

# Need help with the cost of living?

We know that the cost of housing, food and heating might be worrying you, especially as the weather gets colder. We want to make sure you know where and how to get help.

This winter, in partnership with Lewisham Local, we are re-launching Warm Welcomes - local places you can visit to stay warm, have some refreshments and find out about services in your area. Keep an eye on our website, social media channels and in your local library for news on where they'll be.

We're also working with Citizens Advice Lewisham to host pop-up advice services across the borough, making it easier for you to talk to someone if you're worried about money. Check our support page [lewisham.gov.uk/support](http://lewisham.gov.uk/support) for the latest days, times and locations.

Our support page can also help you with:

- Accessing free or low-cost food
- Coping with money worries
- Help with household bills
- Employment and training
- Support if you have children
- Health and wellbeing advice
- Staying warm
- Finding local support

If you cannot access a computer, please ask a family member, friend or caregiver to help. Or you can visit your local library and a staff member will be able to help you use a computer to find out what you could be entitled to.



## Did you know £19 billion of support goes unclaimed every year?

Turn2us have a free and easy-to-use Benefits Calculator and Grants Search tools to check what benefits you might be able to claim and what grants you might be able to apply for. Go to [www.turn2us.org.uk](http://www.turn2us.org.uk) to find out more.

## Working hard but need support?

If you're in work but wanting to improve your employment situation, Lewisham residents can get specialist advice and support with Better Work Lewisham. Whether you want better pay, more hours, more flexibility, better security or new skills, we can help you. Contact us on 020 7709 8064 / 8063 or BetterWorkLewisham @stgilestrust.org.uk.



# GIANTGANTIC fun!

**Jack and the Beanstalk is playing at Broadway Theatre from Wednesday 13 to Sunday 31 December 2023. We caught up with one of its stars, Durone Stokes.**

## You play the title role of Jack, what's your connection to Lewisham?

It's my home. I was born at Lewisham Hospital, grew up in Brockley and went to school in New Cross. It's also where I first developed my love of performance. I learnt to sing, dance and act with Studio 23 in Honor Oak Park and landed my first West End job – on the cast of DreamGirls – through D&B Academy on Bromley Road.

## Is this your first time at Broadway Theatre?

I performed here as a child with Studio 23. It's where we used to do our summer shows. I'll never forget the buzz of stepping onto that stage and performing in front of friends and family. I'm excited to be back. It's like coming full circle.

## What's so special about panto?

For many people, panto is their first experience of live theatre. I remember going with my mum as a child and loving every second. The great thing about it is it works on different levels – you've got that mix of adult humour and laughs for children – so it brings people of all ages together.

## What can we expect from this production of Jack and the Beanstalk?

I don't want to give too much away but what I can say is that it's been specially written by Susie (McKenna) for South London. She's created a production where the whole



## Sneaky peek!

Can't wait for the panto? Catch Durone and Wayne Rollins performing in character as Jack and Scarecrow respectively at the Christmas Lights switch on in Catford on Sunday 26 November from 4.15–5pm.

community is represented. Expect larger than life characters, colourful costumes, great live music and a whole lot of fun.

## What would you say to anyone who hasn't yet booked a ticket?

Nothing says Christmas like panto! This is the first one at Broadway since 2019 so it's going to be extra special. The cast and crew are super talented. You'll come out with your sides aching from all the laughing and humming some amazing songs. Tickets start at £10, book now [broadwaytheatre.org.uk](http://broadwaytheatre.org.uk)

**WIN**  
tickets for  
the pantomime

We are placing ten golden eggs in unexpected places around the borough. If you are lucky enough to find one, take a photo of yourself with it and send to [hello@broadwaytheatre.org.uk](mailto:hello@broadwaytheatre.org.uk) including the location you found it in and your phone number so we can get in touch. The first 20 people to do so (two from each location) will win family tickets to Jack and the Beanstalk.

**BROADWAY BROADWAY BROADWAY BROADWAY BROADWAY**  
**CATFORD BROADWAYTHEATRE.ORG.UK**  
020 8690 0002



## What to lookout for at Broadway in 2024

### No More Mr Nice Guy; Monday 4 – Sunday 17 March

A British-Caribbean music teacher aspires for senior leadership, a successful music career and to marry the love of his life.

### Diana Ross Story; Friday 8 March

Prepare to be taken on a spellbinding journey visiting one of the greatest musical stories ever told in celebration of Diana Ross and The Supremes.

### The American Four Tops; Saturday 16 March

Powerful vocals, splendid harmonies and high stepping dance routines will transport you on a journey through all the Four Tops hits.

### Vitamin D; Monday 15 – Saturday 27 April

Exploring life, love, and cultural identity as Larki moves back in with her parents following a divorce.

### Luther Live; Saturday 20 April

Celebrating the hits of multiple Grammy award-winning, 'velvet voiced' Luther Vandross.

## Get behind the theatre

Broadway is a theatre that brings the whole community together to experience the joy of live performance. Here are the ways you can support its extraordinary work both on and off the stage.

- Sign up to the mailing list to stay in the know
- Book a ticket – with everything on offer from comedy, to live music, to original theatre, there's something in the programme for everyone
- Become a member and help support the theatre's vital work
- Hire a space – perfect for events, rehearsals or special occasions
- Sponsor a seat – make a one-off donation for an engraved, personalised plaque on a seat, row or section in the auditorium

For more information, visit [broadwaytheatre.org.uk](http://broadwaytheatre.org.uk) or email [hello@broadwaytheatre.org.uk](mailto:hello@broadwaytheatre.org.uk)

# Helping families to thrive

**We visited our new Family Hub and found out how it is making it easier for parents and carers to get the support they need**

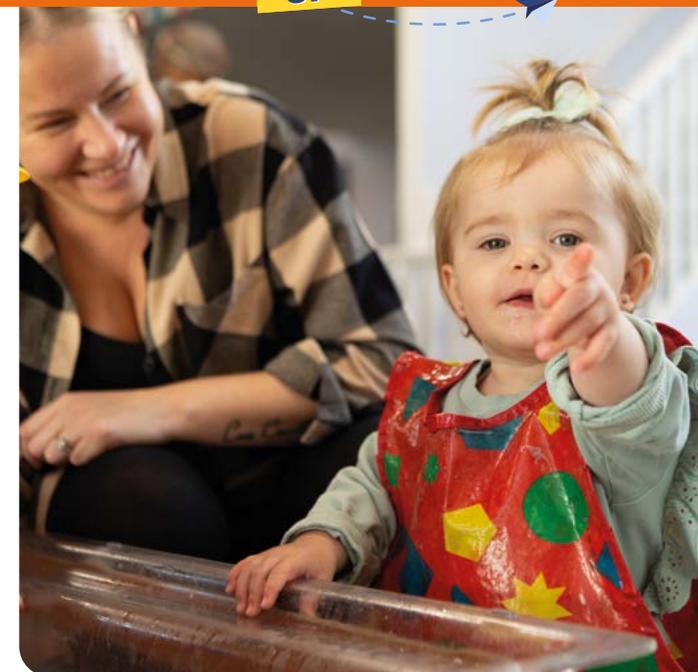
**L**ewisham's first Family Hub opened at Clyde Nursery (Alverton Street, Deptford) in April this year. The first of several planned hubs across the borough, it's a place where parents or carers of children aged up to 19 – or 25 for young people with special educational needs or disabilities – can go for help, or just to meet other families and socialise.

Cllr Chris Barnham, Cabinet Member for Children and Young People, explains the thinking behind the Family Hubs. "Often families experience pressures and difficulties, and sometimes it's been hard for them to get the right kind of support", he says, adding "we want the Family Hubs to be places where families can get the right sort of support or get connected up to services in other places – in other words, a one-stop shop."

The hub very much lives up to the promise of the 'one-stop shop' description, with a wide range of services and support on offer. These range from relaxed and informal drop-in 'stay and play' sessions, where parents and carers can entertain their little ones while meeting other parents, to guidance and support on topics including parenting, family health, relationships, education and employment.

## Support for families

Lou Neville-Ball is the Family Hub manager, and he says that making it easier for parents and carers to know where to turn for support is an important goal. "Having all these different services under one roof makes it much simpler for families to get easier, joined-up support. You have professionals with different areas of expertise – such as



Health Visitors, Employment Advisors and Housing Advocates – all working together in one location, as one team. That means families are supported in a seamless way, without being sent from one location to another or having to retell their story to different professionals."

Of course, not everything can be provided from a Family Hub. However, where a family

**“ Having all these different services under one roof makes it much simpler for families ”**

Lou Neville-Ball



needs support that can't be provided at the hub, trained Family Navigators are able to connect or direct people to additional support and advice on a range of topics – from health and wellbeing, to parenting and finance.

While help is available at the Family Hubs for those who need it, Lou and his team are keen to emphasise that their doors are open to all parents, carers and young people – whether they feel they need support or not. "Everyone is really welcome here, even if you just want to pop in for the activity sessions that give children, parents and carers the chance to socialise and support their children's development."

## A warm and welcoming service

The feedback from families who have used the Family Hub has been glowing. "Families really value the service", says Lou. "They tell us it is warm and welcoming and helps them to come together, meet and get support from other families. They also value having somewhere they can share experiences and get concrete support. Raising children can be a lonely experience sometimes, which is why I think so many people have really valued having a service like this in their community."

One parent told us: "It's a really good, friendly environment. I love that they have included services to support us with childcare, financial help and more." "We all feel so welcome – and it's completely free!" another added.

As the Family Hub at Clyde has gone from strength to strength, more hubs are due to open their doors in the borough, in Bellingham and Donderry. The Council plans to open more next year with funding from the Department for Education. Why not pop in and visit one for yourself?

More information about Family Hubs can be found at [lewisham.gov.uk/familyhubs](http://lewisham.gov.uk/familyhubs)

# Caring for the carers

With figures showing that nearly 20,000 people in Lewisham are providing unpaid care to a relative or friend, an enhanced service has been launched in the borough to ensure that they're valued and supported.

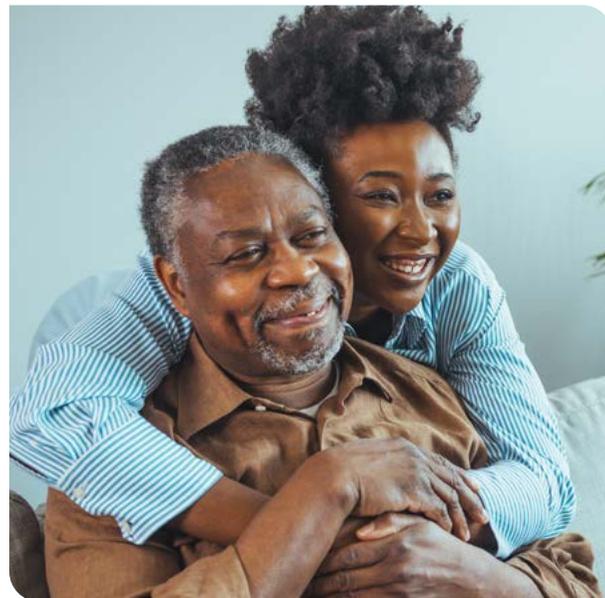
Taking care of a loved one is an honourable act, but it is anything but easy. While many carers see themselves as supportive partners, sons, daughters or friends, the truth is that it can be emotionally and physically draining.

Maggie Pordage, Director of Lewisham's support service for unpaid carers, explains: "Caring can be an extremely challenging experience that can lead to stress, exhaustion and isolation. It is important to acknowledge that carers need support and assistance to continue providing the care their loved ones need."

Fortunately, carers in the borough are not alone. A free service called Maximising Wellbeing of Unpaid Carers supports carers of all ages. Funded by the Council, it is open to unpaid carers who need support or advice.

"We're here to listen and understand the needs of carers and we make sure we tailor support to their individual circumstances, including sessions relating to specific caring tasks" states Chantelle Turner, service manager, adding: "There's so much that we offer. It's not all one-size-fits-all as everyone's situations are different."

Ultimately, the message from staff at the service is clear. "Caring for someone can feel like there's little time to look after yourself.



However, it is important to prioritise your health and wellbeing too."

All unpaid carers are encouraged to complete a Carer's Assessment. It's free and anyone over 18 can have one. Crucially, a Carer's Assessment can be a first step to accessing additional support and possibly help with costs associated with caring.

Maggie and her team are proactively going out into communities and schools to reach out to unpaid carers who could benefit from their support – even if they don't identify as a carer.

"We want anyone caring out there to know that you don't need to struggle alone. Reach out today and let us support you to continue caring for others."

## Get support

If you are a carer and would like support, please email [ucwellbeing@imago.community](mailto:ucwellbeing@imago.community) or call 0300 373 5769.

Turn your passion into purpose at London's environmental college

Find out more about our full and part-time courses starting in 2024 at our upcoming event.

Capel Manor College

Virtual Advice Session  
 Thursday 7 December  
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 Register now

[capel.ac.uk](http://capel.ac.uk)

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[info@catbytes.community](mailto:info@catbytes.community)  
[www.catbytes.community](http://www.catbytes.community)

# Listen up!

– an update from your Young Mayor!

Support Lewisham's young people facing hardship by donating to the Bank of Things this Christmas. Visit [linktr.ee/bankofthingslewisham](http://linktr.ee/bankofthingslewisham)

**W**a Gwan Lewisham it's your Young Mayor, Jentai "Jen-Tay" Gen-One and I'm here with another update on the progress we're making in the borough!

My term is coming to an end so this will be one of the last updates you get from me, but there's a bunch of new candidates ready to take my spot and I'm wishing them all the best of luck!

We've been busy working on two projects that I promised to you all in February:

## Lewisham's first radio station for young people

We're working on a project to set up an official radio station for the young people of the borough! We started with planning meetings and we've now officially got the ball rolling, thanks to Bloomsbury Institute who are running free training sessions to get a small group of us ready to hop on the air! You can expect to hear a lot more about the station in early 2024 when we start running some test shows and opening out the training to a wider group of young people!



### Find out more and join us!

To follow the last leg of the journey or to ask any questions, check out my insta: [@g1\\_youngmayor](https://www.instagram.com/g1_youngmayor) or the official Young Mayors insta: [@lewisham\\_young\\_mayor](https://www.instagram.com/lewisham_young_mayor) and email [katy.brown@lewisham.gov.uk](mailto:katy.brown@lewisham.gov.uk) to find out how you can change Lewisham through Young Advisors!

## Lewisham Schools Business Competition

The second project we've been working on is the Lewisham Schools Business Competition where we're going to take a handful of secondary schools and put them against each other to see who can produce the best business idea! Each school will be supported by professionals to make sure that the best ideas get a chance to grow into fully functional businesses! If your school has signed up for this project you'll hear about it soon (if you haven't already).

**“It's a joy working with Lewisham's Young Mayor's team. There's a real energy and desire to make “Lewisham Radio” happen. Here at Bloomsbury Institute we have the expertise to help and being a Lewisham resident myself makes this even more special”**

Barra Fitzgibbon, Manager of Bloomsbury Radio at Bloomsbury Institute



Lewisham's directly elected Mayor, Damien Egan, represents the whole borough. Contact him at [damien.egan@lewisham.gov.uk](mailto:damien.egan@lewisham.gov.uk)

Please check beforehand whether your Councillor is holding in person surgeries. Visit [lewisham.gov.uk/mayorandcouncil](http://lewisham.gov.uk/mayorandcouncil) or call 020 8314 6000 and ask for 'operator'.

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### New Cross Gate

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020 8314 3496  
**Clr Liam Shrivastava**  
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020 8314 8298

### Perry Vale

**Clr John Paschoud**  
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**Clr Sakina Sheikh**  
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### Rushey Green

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**Clr James-J Walsh**  
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020 8314 9948

### Sydenham

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**Clr Liam Curran**  
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020 8314 6937  
**Clr Jack Lavery**  
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### Telegraph Hill

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**Clr Joan Millbank**  
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020 8314 6929  
**Clr Luke Sorba**  
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### Members of parliament

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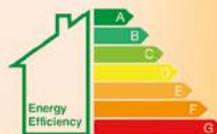
**Len Duvall AM**  
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**GRANT**  
**GRANT**  
**GRANT**

# FREE BOILER AND INSULATION



**Are you using very old boiler,  
Are you using electric heaters?  
Living in a house with EPC rating E,F or G?**



**We have grant for you to do your heating and insulation  
also 100% funding for heat pump at off gas properties  
(under government ECO4 Grant)**

**Criteria To Qualify**  
**If your household gross income is  
less than £31,000 per annum**

- OR**
- Anyone in a household needs to be in receipt of the following benefits**
- Income-based Jobseeker's Allowance (JSA)
  - Income-related Employment and Support Allowance (ESA)
  - Working Tax Credit
  - Child Tax Credits
  - Universal Credit (UC)
  - Housing Benefit (only for first-time central heating jobs)
  - Pension Credit – guarantee or Savings Credit
  - Child Benefit with certain income



**External wall insulation Grant  
is also available (upto 75%)**

**Greenland Energy Services Ltd**  
102 Brockley Rise, Lewisham SE23 1LN  
info@greenlandenergy.co.uk  
www.greenlandenergy.co.uk

**020 8314 1028 | 020 3686 3512  
074 9737 6031**



scan me for more info

Community safety

**SIGN UP** to our weekly enewsletter  
lewisham.gov.uk/signup

# Safer Neighbourhood Teams

**Find out who they are, what they do and how to  
contact them with this handy cut out and keep page.**

**S**afer Neighbourhood Teams (SNT) are Met Police Officers and Community Support Officers dedicated to serving the local community. You can contact these teams directly with any information about Anti-Social Behaviour happening in your neighbourhood. If they are on shift and available, the team will respond to incidents. If the teams are not on duty at the time, a voicemail can be left which the team will respond to when next on duty. You can also email your concerns to the SNT, however in an emergency always dial 999. Lewisham has 20 Safer Neighbourhood Teams. Contact details for the Safer Neighbourhood Teams can be found below:



**Cut out  
and keep  
for future  
reference**

<p><b>Bellingham</b> Bellingham.snt@met.police.uk 020 8721 2489</p>	<p><b>Evelyn</b> Evelyn.snt@met.police.uk 020 7161 9390</p>	<p><b>Lewisham Town Centre</b> lewishamtowncentreateam@met.police.uk 020 8721 2559</p>
<p><b>Blackheath</b> Blackheath.snt@met.police.uk 020 8284 8497</p>	<p><b>Forest Hill</b> ForestHill.snt@Met.police.uk 020 8721 2723</p>	<p><b>New Cross Gate</b> NewCrossGate.snt@met.police.uk 020 8161 9304</p>
<p><b>Brockley</b> Brockley.snt@met.police.uk 020 8649 3599</p>	<p><b>Grove Park</b> GrovePark.snt@met.police.uk 020 8721 2483</p>	<p><b>Perry Vale</b> PerryVale.snt@met.police.uk , 020 8721 2480</p>
<p><b>Catford South</b> CatfordSouth.snt@met.police.uk 020 8721 2488</p>	<p><b>Hither Green</b> HitherGreen.snt@met.police.uk 020 8 721 2487</p>	<p><b>Rushey Green</b> RusheyGreen.snt@met.police.uk 020 8284 5128</p>
<p><b>Crofton Park</b> CroftonPark.snt@met.police.uk 020 8721 2485</p>	<p><b>Ladywell</b> Ladywell.snt@met.police.uk 020 8721 2484</p>	<p><b>Sydenham</b> Sydenham.snt@met.police.uk 020 8649 3598</p>
<p><b>Deptford</b> Deptford.snt@met.police.uk 020 8721 2559</p>	<p><b>Lee Green</b> LeeGreen.snt@met.police.uk 020 8721 2482</p>	<p><b>Telegraph Hill</b> TelegraphHill.snt@met.police.uk 020 8721 2722</p>
<p><b>Downham</b> Downham.snt@met.police.uk 020 8721 2486</p>	<p><b>Lewisham Central</b> LewishamCentral.snt@met.police.uk 020 8721 2481</p>	

lewisham.gov.uk

# What to do when you are unwell this winter

If you are not feeling well, choosing the right place to go for help can save you time and effort. There are plenty of Lewisham health services that offer advice, support, and treatment. They are very simple to use and often available without an appointment.



## When to care for yourself at home

Self-care is the best way to treat minor illnesses such as coughs and colds. Use over the counter medicines and get plenty of rest. If symptoms persist see your pharmacist or GP.



## When to visit your pharmacist

Ask your local community pharmacist for advice or treatment for a range of symptoms or minor illnesses such as stomach upsets or colds. No appointment is needed and you can have a confidential consultation on request.

If you are usually exempt from prescription charges some over the counter medications are available free via Pharmacy First.



## When to use NHS 111

Visit [111.nhs.uk](http://111.nhs.uk) or phone 111 to check out your symptoms and get advice if you have an urgent medical problem. NHS 111 can provide advice and, if necessary, make an appointment for you.



## When to see your GP practice team

Make an appointment at your GP practice if you have persistent symptoms, chronic pain or long term conditions. In your practice, you will now find a wider team of specialists working together to care for you.



## When to call an ambulance or go to A&E

Call 999 – or head straight to A&E – if you or someone else is seriously ill or hurt and their life is in danger.

See [www.nhs.uk](http://www.nhs.uk) for advice on all your healthcare needs

