Cleaner Lewisham: Litter Picking Do's and Don't's

Please do	Please don't
Do follow the Highway Code if driving to and from litter picking locations including safely parking vehicle to enable easy access and egress in case of emergency.	Don't wear open toe shoes, wear suitable footwear for uneven/unstable ground and appropriate for weather conditions.
Do wear high visibility waistcoat.	Don't do anything that is likely to endanger yourself or others, including litter picking close to a busy road or in bad weather when visibility is poor or icy under foot.
Do wear appropriate/suitable clothing for weather conditions.	Don't touch anything that may be dangerous, including needles or syringes, human waste, animal waste, blood, batteries, miscellaneous substances or anything that is suspected to contain asbestos. Contact the Council for advice.
Do use the litter picker gloves and follow good hygiene practices and only handle litter when wearing gloves.	Don't litter pick in rivers, ponds or canals.
Do use litter pickers to pick up sharp litter.	Don't sort through waste materials inside bags or bins and be aware of protruding objects.
Do take great care if picking up broken glass.	Don't deal with animal faeces.
Do be careful when handling heavy or awkward to items, and don't handle if it would cause injury.	Don't overfill bags so they become too heavy to comfortably handle.
Do cover up in the sun. Use sun screen and take water to keep hydrated in warm weather.	Don't litter pick in weather conditions that may threaten your health and welfare.
Do consider carrying some basic first aid provision including cleansing gel.	Don't forget to cover any cuts or sores with a waterproof plaster before carrying out litter pick.

Do work only from footways or verges wide enough to provide sufficient distance from traffic.	Don't work on the roadside if the speed limit is 40mph or over.
Do face oncoming traffic and passing traffic when litter picking.	Don't litter pick on the highway or in the road.
Do take extreme care when crossing roads. Only litter pick on one side of the road so crossing is kept to a minimum.	Don't attempt to deal with aggressive or difficult people. Do not confront anyone littering.
Do withdraw rather than face conflict.	Don't litter pick where loose dogs may be present.
Do avoid contact with animals.	Don't litter pick at height that involves climbing.
Do be aware of low lying branches and exposed tree and shrub roots. Beware of dangerous plants and possible adverse reactions.	