



**KEEP
LEWISHAM
SAFE**



NHS

Test and Trace

PROTECT

EACH OTHER DURING COVID-19

**There are three things we can all do
to slow the spread of coronavirus:**



Respect social
distancing – keep
2 metres apart if you
can and at least
1 metre apart if
there's no room



Wear face
coverings when you
are indoors with
people you don't
live with



Wash your hands
for at least
20 seconds and
sanitise when you
are on the go

**Remember – Get a test, if you have
coronavirus symptoms by calling 119
or visiting www.nhs.uk/coronavirus**

**Together we can protect
our friends and family**